

# Teas

## High Teas Loose Leaf

£3.20 per pot

### Darjeeling

*A fine tea with a light amber cup and incomparable bouquet.*

### Sicilian Lemon & Ginger-Masterblend

*Lively and flavourful ginger notes peek through the sweet lemon character.*

*A lovely tea!*

### Strawberry and Kiwi - caffeine free

*A bright red berry explosion full of joy and energy – Our Strawberry and Kiwi fruit infusion smells so good you could eat it. And it is beautiful to look at too, with its big fruit chunks and appealing soft red colours. The flavours of strawberries and kiwis complement each other well and the base ingredients of rosehips and hibiscus provide body and substance to help carry and accentuate the flavours.*

### Indian Spiced Chai

*A recipe from a top Chai Wallah, superb body with mellow Indian spice notes. Coppery bright and very enticing with milk. This is the real thing*

### Cederberg Rooibos - caffeine free

*Rooibos was discovered growing wild at the turn of the 19th century by people of the Cedarberg region. Rooibos leaves were cut, bruised, fermented and sun dried, later to be infused to provide a delicious beverage. Naturally caffeine free, and low in tannins, rooibos tea doesn't interfere with the absorption of iron, protein and other healthy minerals.*

### Fujian Jasmine

*Jasmine tea is one of the most pleasant tasting green teas available on the market. On the nose the dry tea has a floral bouquet, which literally causes your senses to come alive with pleasant thoughts*

## Joe's Teas Co

£2.15 per mug

EVER-SO-ENGLISH BREAKFAST

THE EARL OF GREY

PROPER PEPPERMINT - CAFFEINE FREE

QUEEN OF GREEN

SWEET CHAMOMILE - CAFFEINE FREE

# Morning Treats

Served from 9am until 12pm...

(if there is something that you would like after 12pm, please ask... we will if we can...)

## Good Toast £2.40

Served with, zesty marmalade, berry jam, cinnamon butter, crunchy peanut butter or marmite

## French Pastries from £1.70

## Liege Waffles £4.25

Warm Liege waffles with sugar nibs served with banana, drizzled with maple syrup and chocolate sauce

## Baked Beans on Toast £3.30

## Cheesy Baked Beans on Toast £4.10

With grated farmhouse cheddar

## Granola Bowl £3.95

Crunchy granola, served with Greek yogurt and honey

## Traditional Pancakes £4.10

Topped with either, banana, maple syrup and topped with dark chocolate curls, or lemon and sugar (£3.10)

## Toasted Croissant

with Farmhouse Cheddar and Ham

£4.95

## Eggs Benedict £5.95

Two halves of an English muffin, topped with Serrano ham, poached eggs, spinach and hollandaise sauce.

"Food Allergies and Intolerance:

Before you order your food and drink please speak to our staff if you want to know about our ingredients"