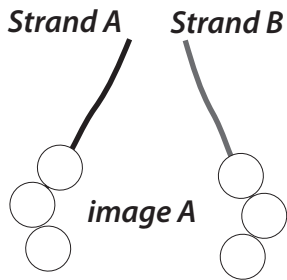
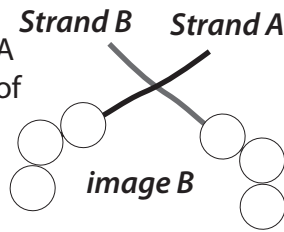


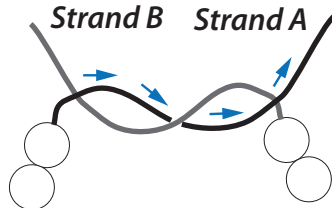
Knotting Bracelet Elastic or Other Stringing Materials



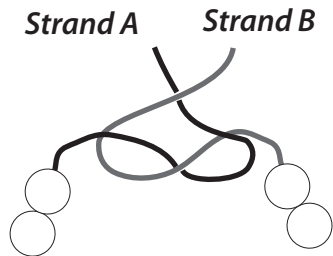
Step 1. Hold the end of strand A in your left hand and the end of strand B in your right hand. (Image A) Then Cross A over to form a X. (Image B)



Step 2. Wrap A once around B, like the first step of tying a shoelace. A will now be on the right and B on the left.



Step 3. Cross A under B, forming another X.



Step 4. Now wrap A around B again and pull to tighten the knot.

