

# Advanced User Guide





### **CPR Guardian II User Guide**

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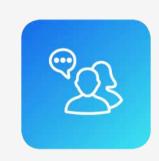
## The CPR Guardian II

The CPR Guardian is designed to keep the wearer safe, independent and active at all times with a built-in emergency assist button, a heart rate monitor, mobile phone and GPS tracking.

The GUARDIAN II provides you and your loved ones with peace of mind and reassurance knowing you can always be there for them whenever they need you.







Phone Calls



**GPS Tracking** 



**HR Monitor** 



#### Introduction

1.1 Getting To Know Your Guardian II

#### **Accessing The SIM Portal**

#### **SIM Details**

Use the SIM number and PIN printed on the SIM Information Card to access the CPR SIM portal.



#### Step 1

To manage your SIM, please visit: <a href="https://www.cprguardian.com/simlogin">https://www.cprguardian.com/simlogin</a>

#### Step 2

Sign into the portal using your SIM number starting with '44' followed by the PIN Code.

#### Step 3

When you login, sign up as a new user and then select your SIM plan.

#### **Box Contents**

- 1X Guardian II Watch Phone
- 1X USB Cable
- 1X SIM card (already inside the watch)
- 1X SIM Information Card
- 1X Quick Start Guide

#### **Battery Care & Charging**

To protect and optimize your battery performance. We recommend you charge the watch for at least 12 Hours for the 1st charge and over 8 Hours for the 2nd and 3rd charge.

Always use the USB cable provided and a CE approved USB charger plug to avoid irreparable damage.

Please align the magnetic charging cable connector to the 4 pin metal contacts on the watch backplate, and make sure it is properly connected (the magnetic charging cable will not charge if it's reversed). When the watch starts to charge, the charging icon will appear on the watch display screen.

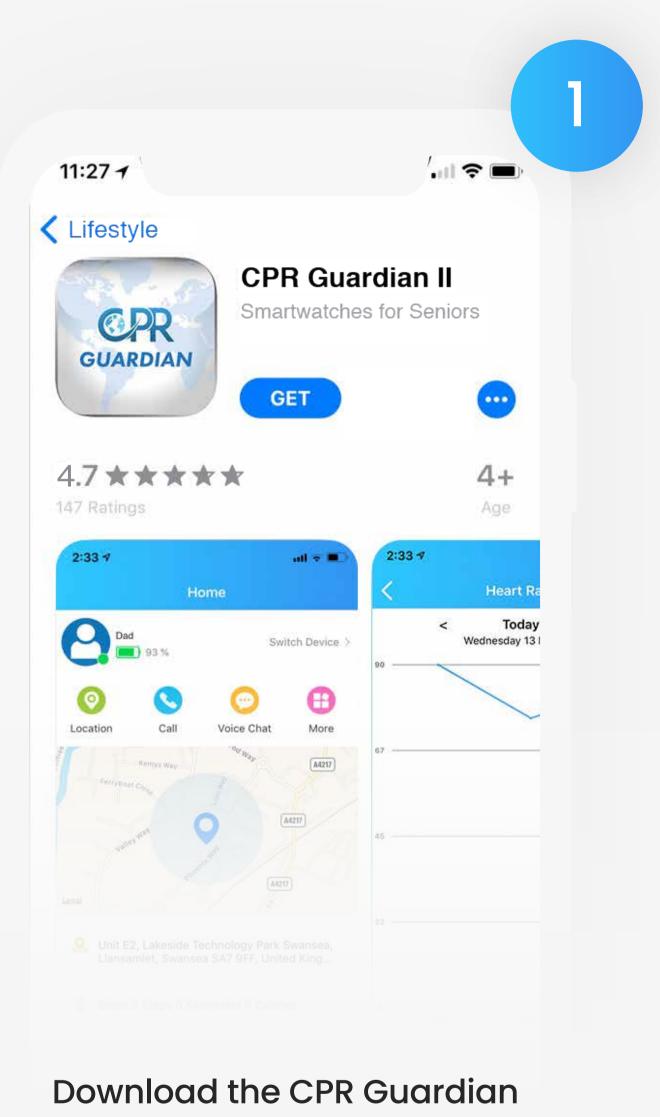
### Introduction

1.1 Getting To Know Your Guardian II





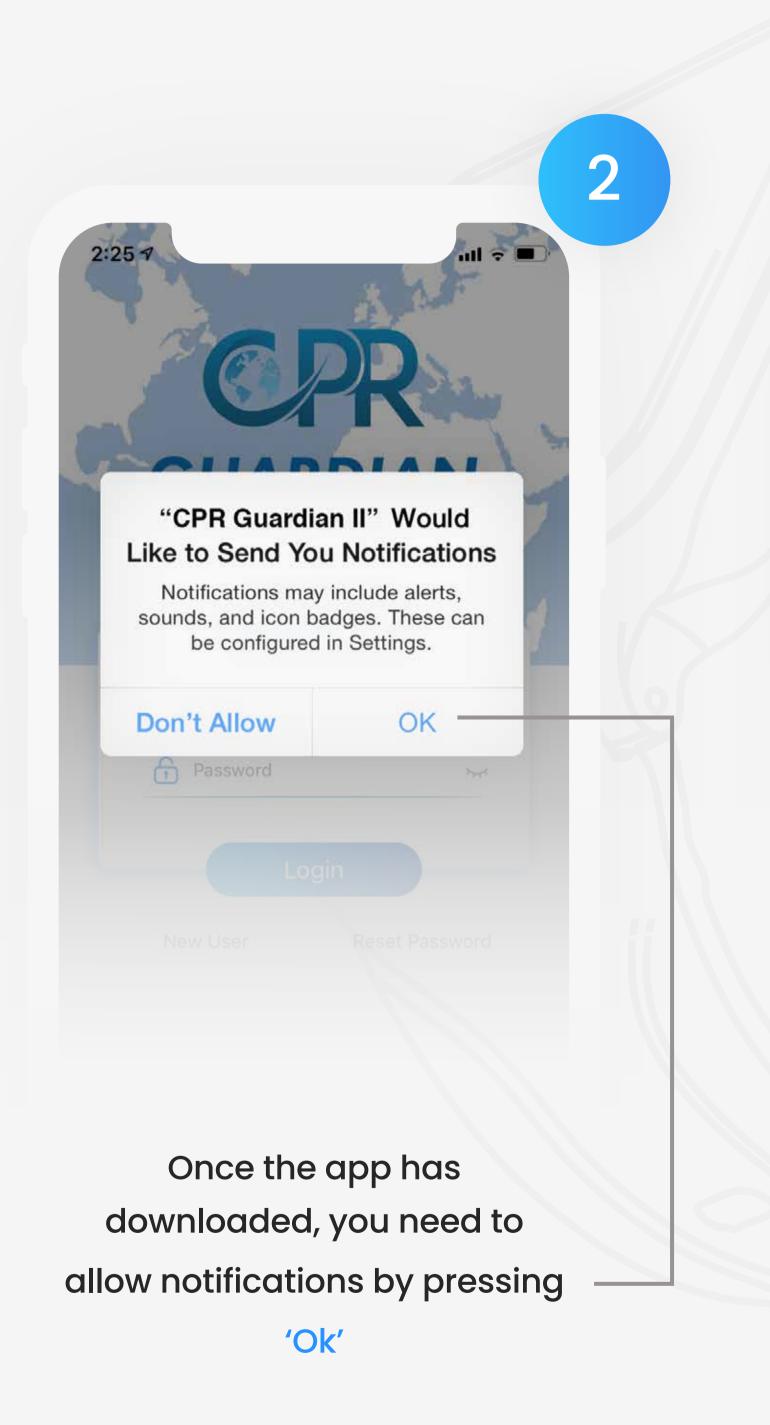
1.2 Syncing Your Watch With The App



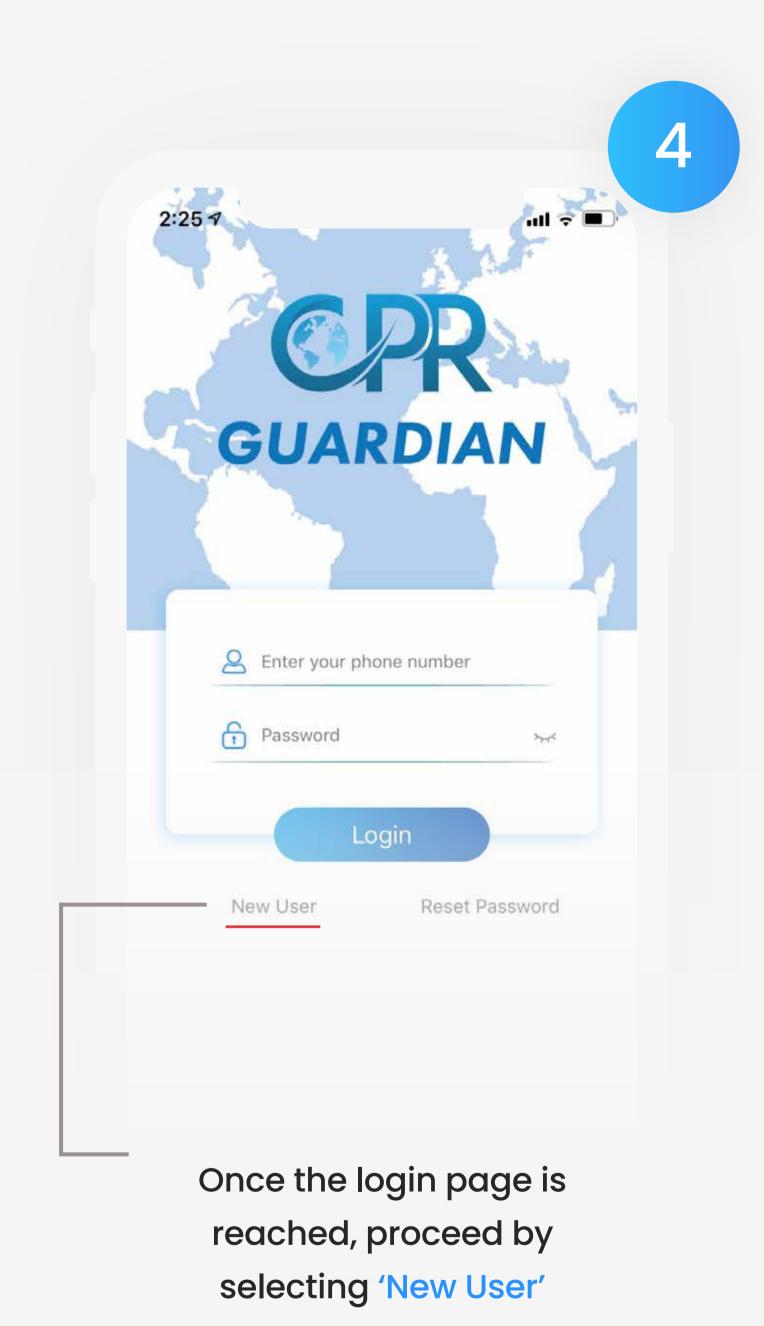
Download the CPR Guardian

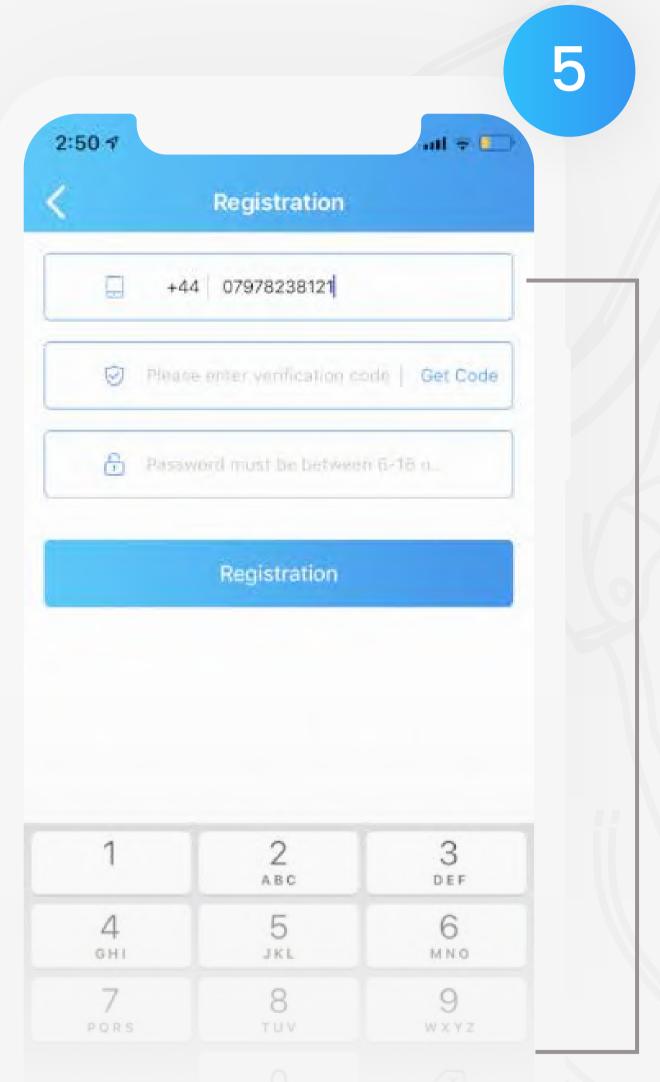
App from the App Store /

Google Play store

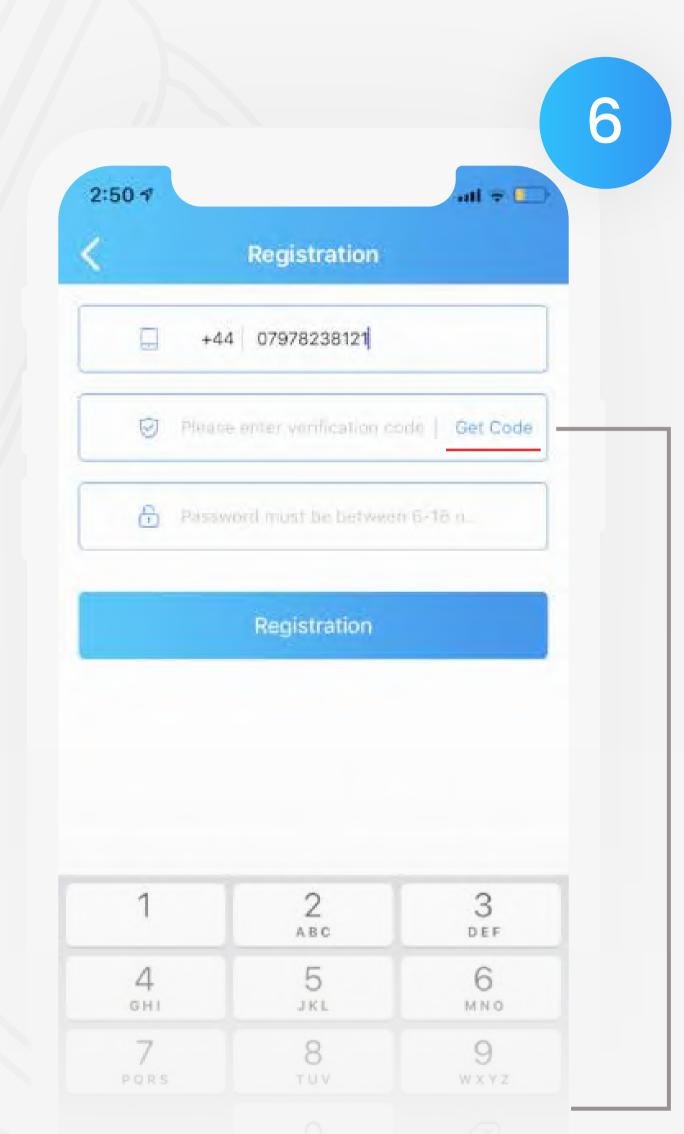




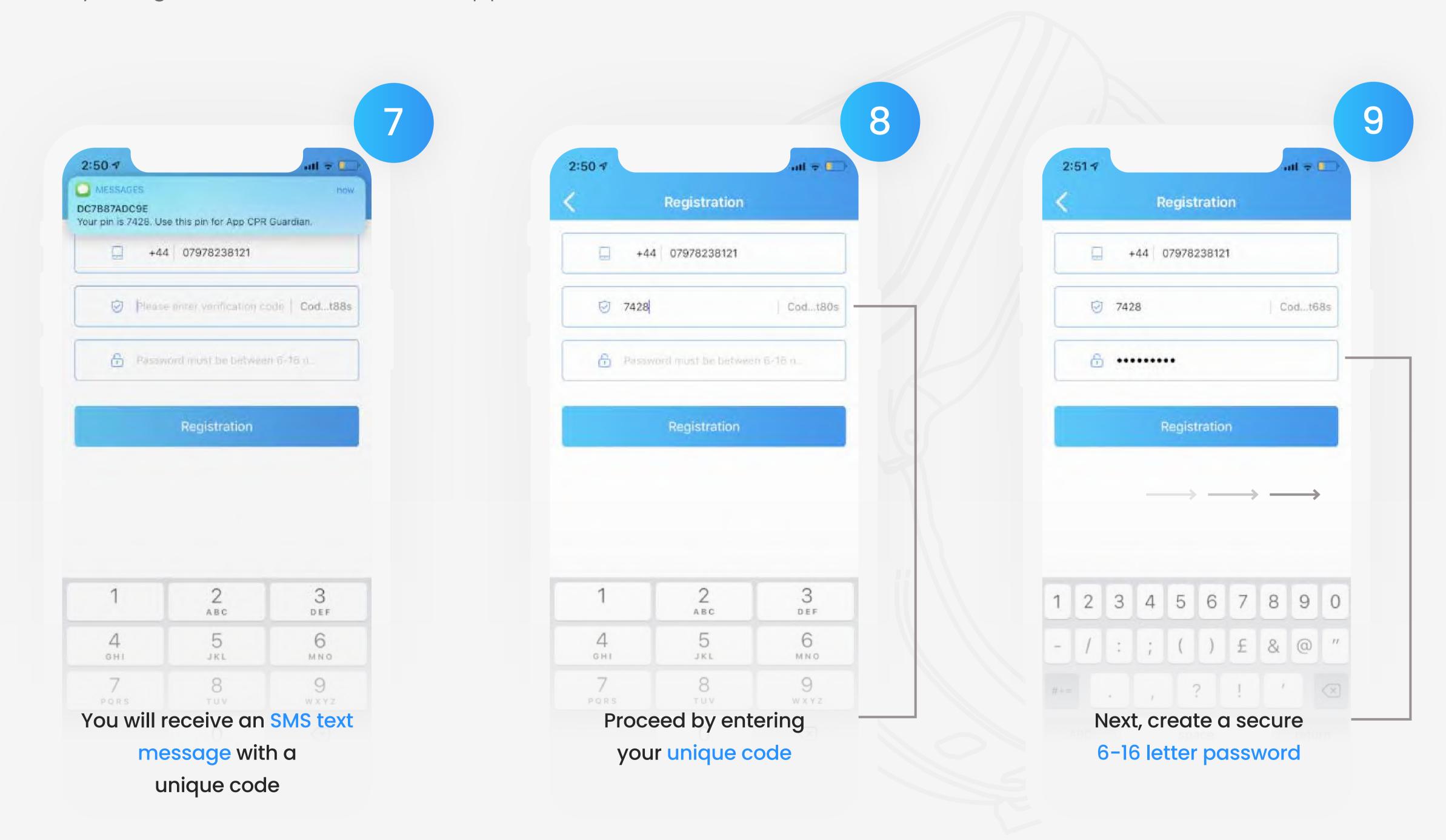


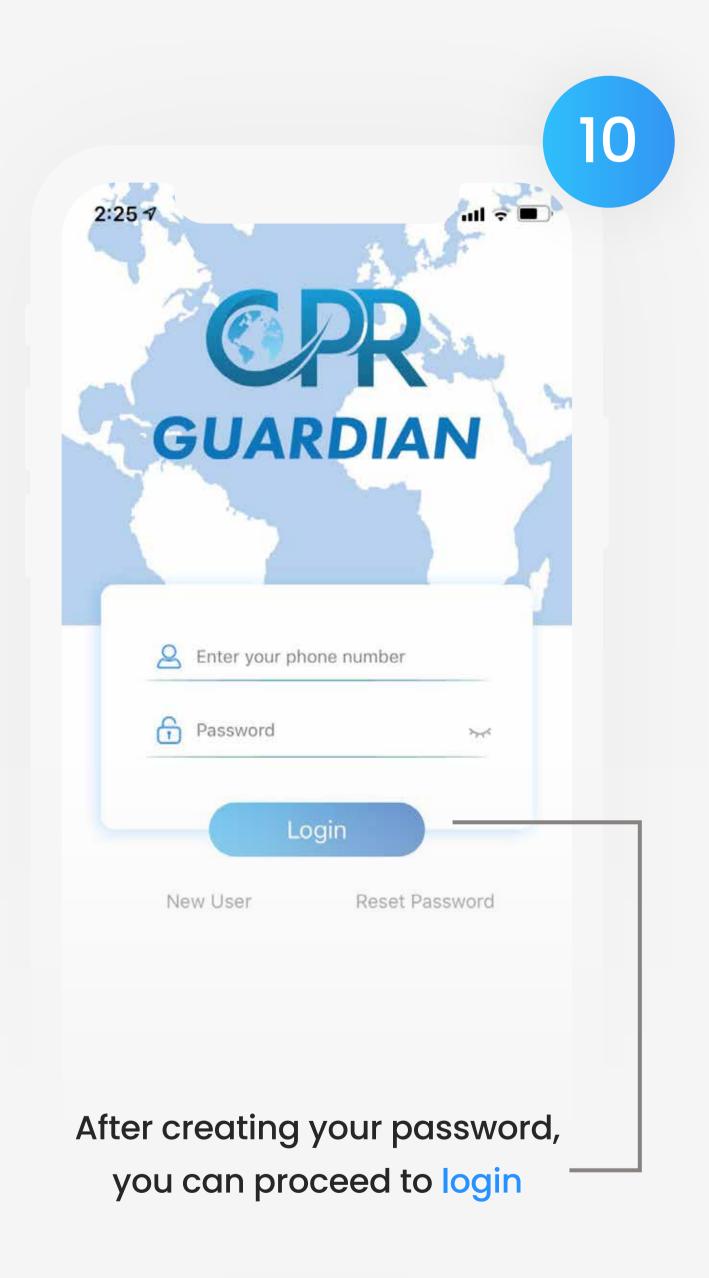


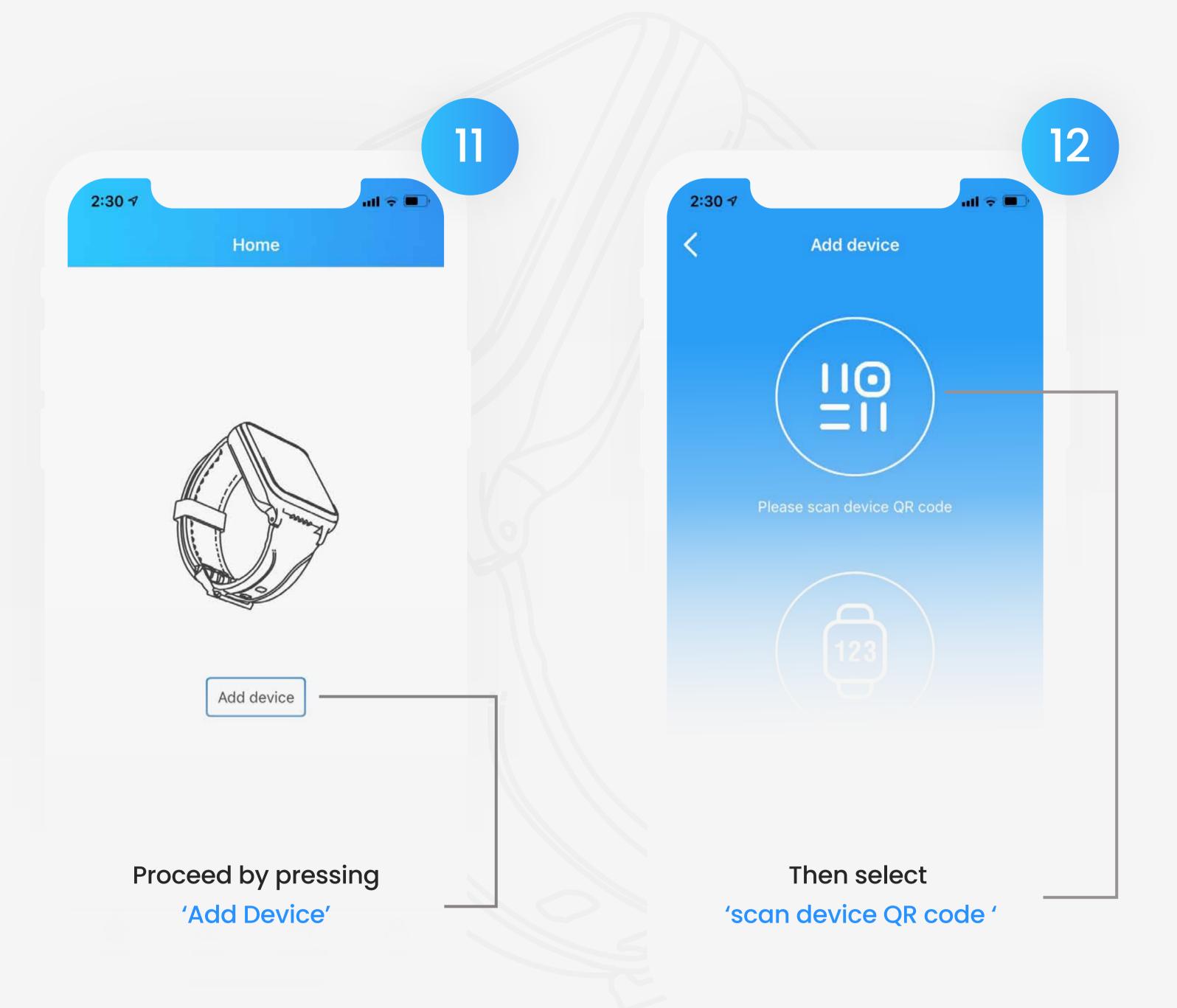
Choose your country code and then enter your mobile phone number



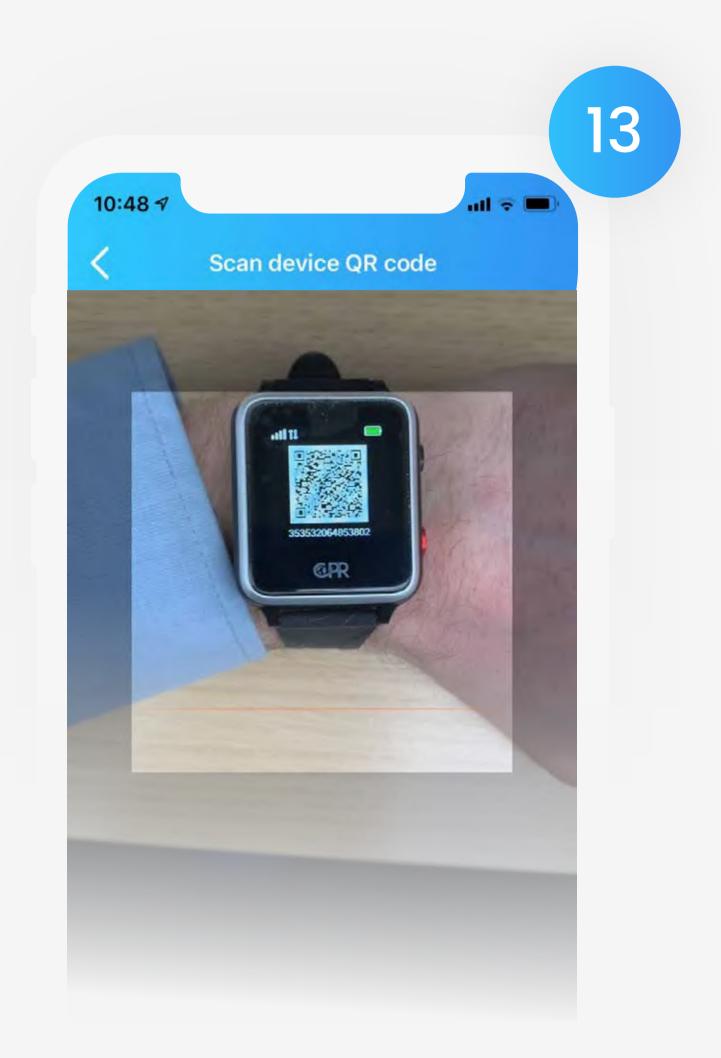
Next, press 'Get Code'



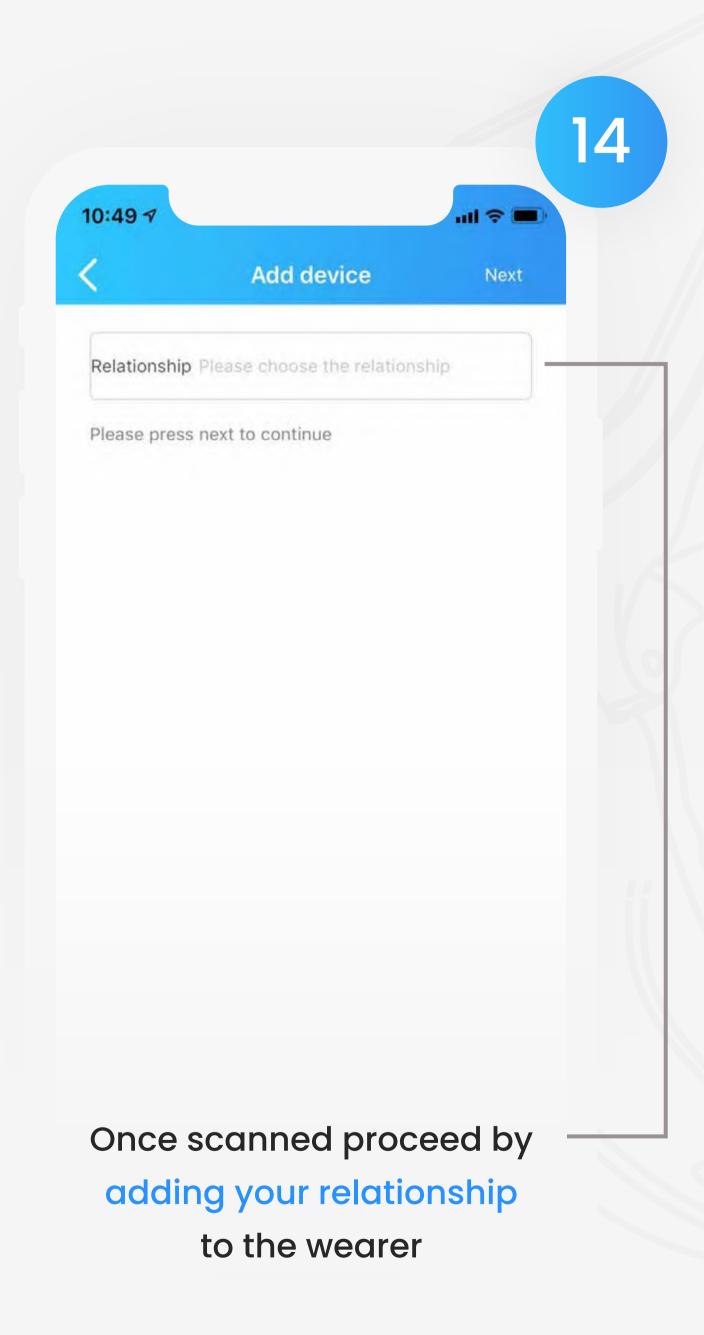




1.2 Syncing Your Watch With The App

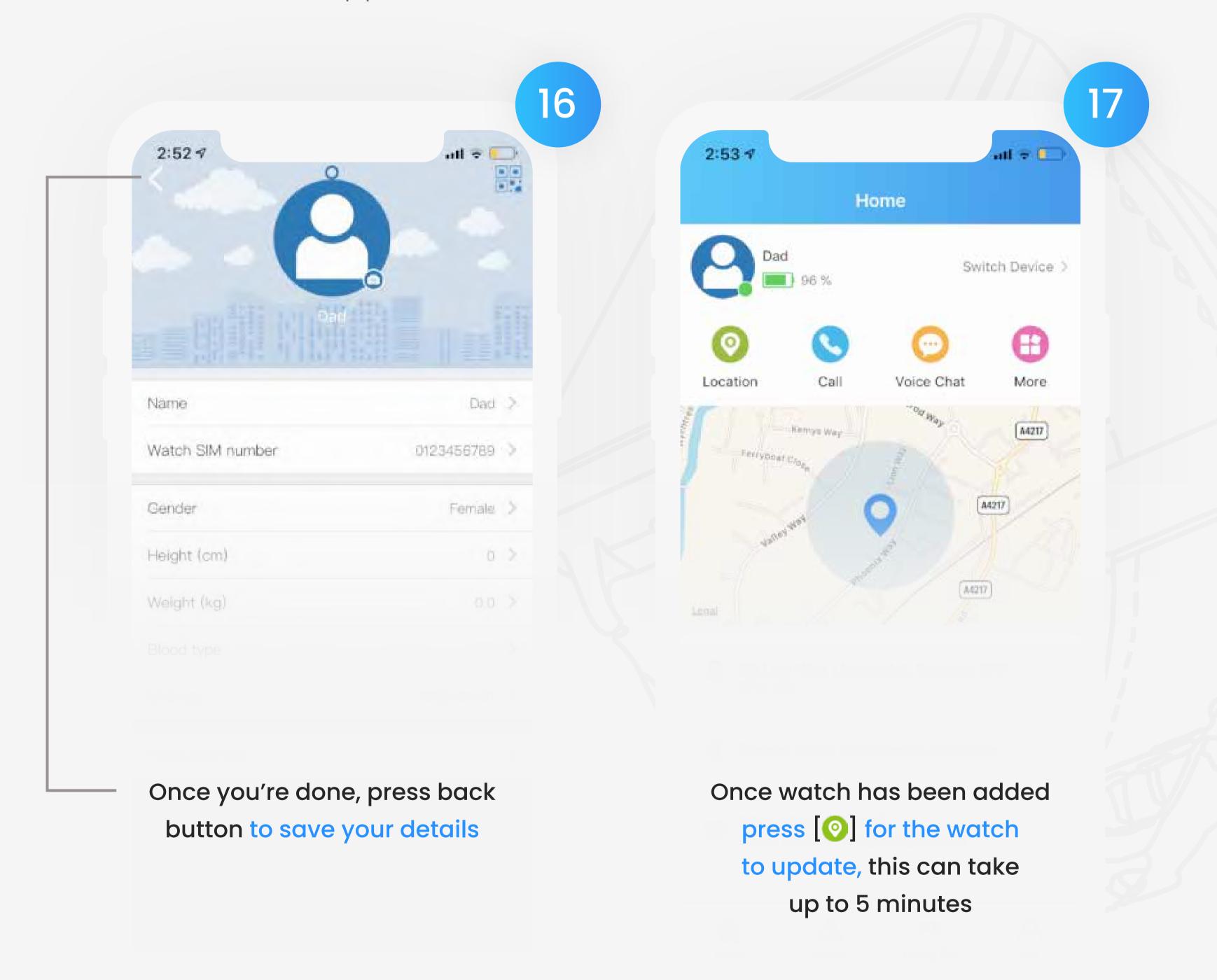


To reveal your watch's QR
Code, swipe up on the
watch face.

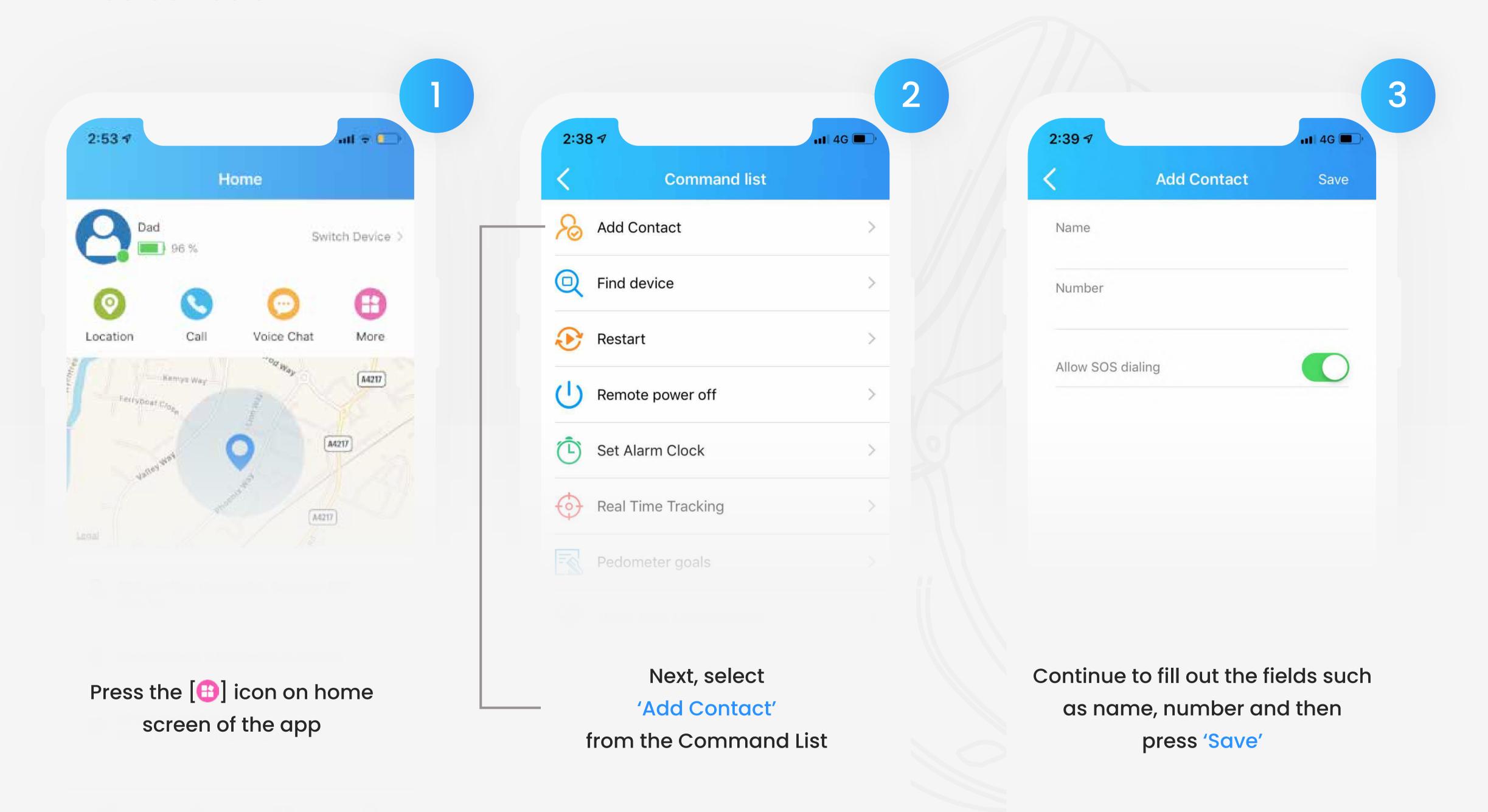


2:52 4 Name Dad > Watch SIM number 0123456789 Female > Gender 0 > Height (cm) Weight (kg)

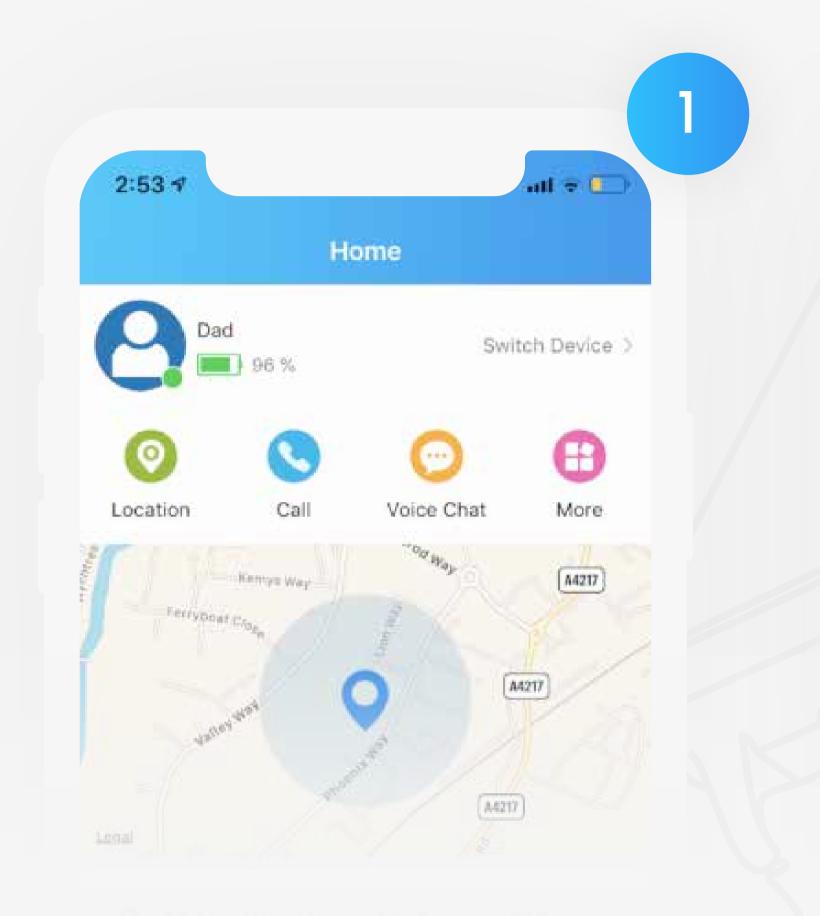
Enter the watch user's details, ensuring that the watch SIM number begins with '0'



#### 2.1 Add Contacts



#### 2.2 Call The Watch



Home

Home

Switch Device

Location Call Voice Chat More

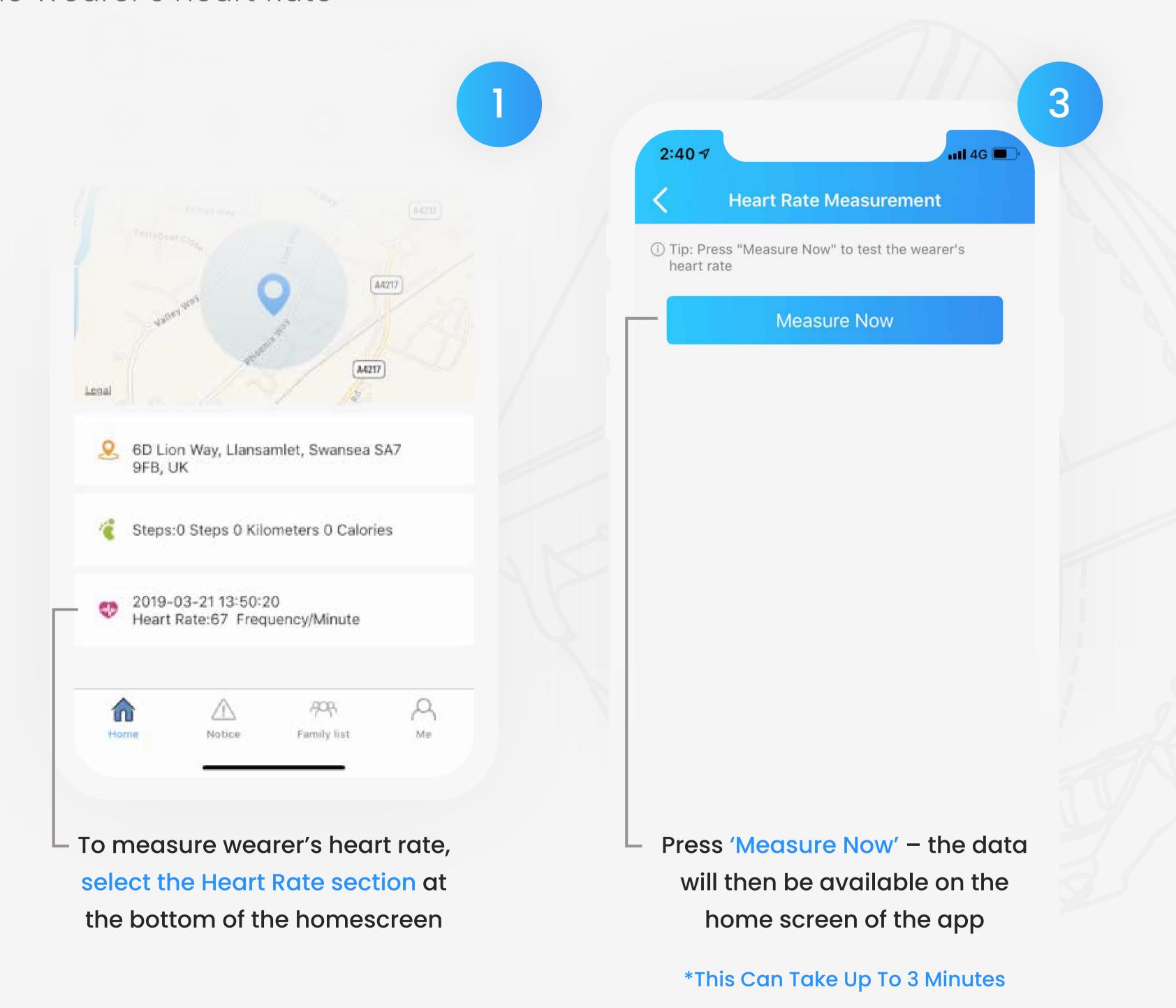
O1234 56789

Cancel Call

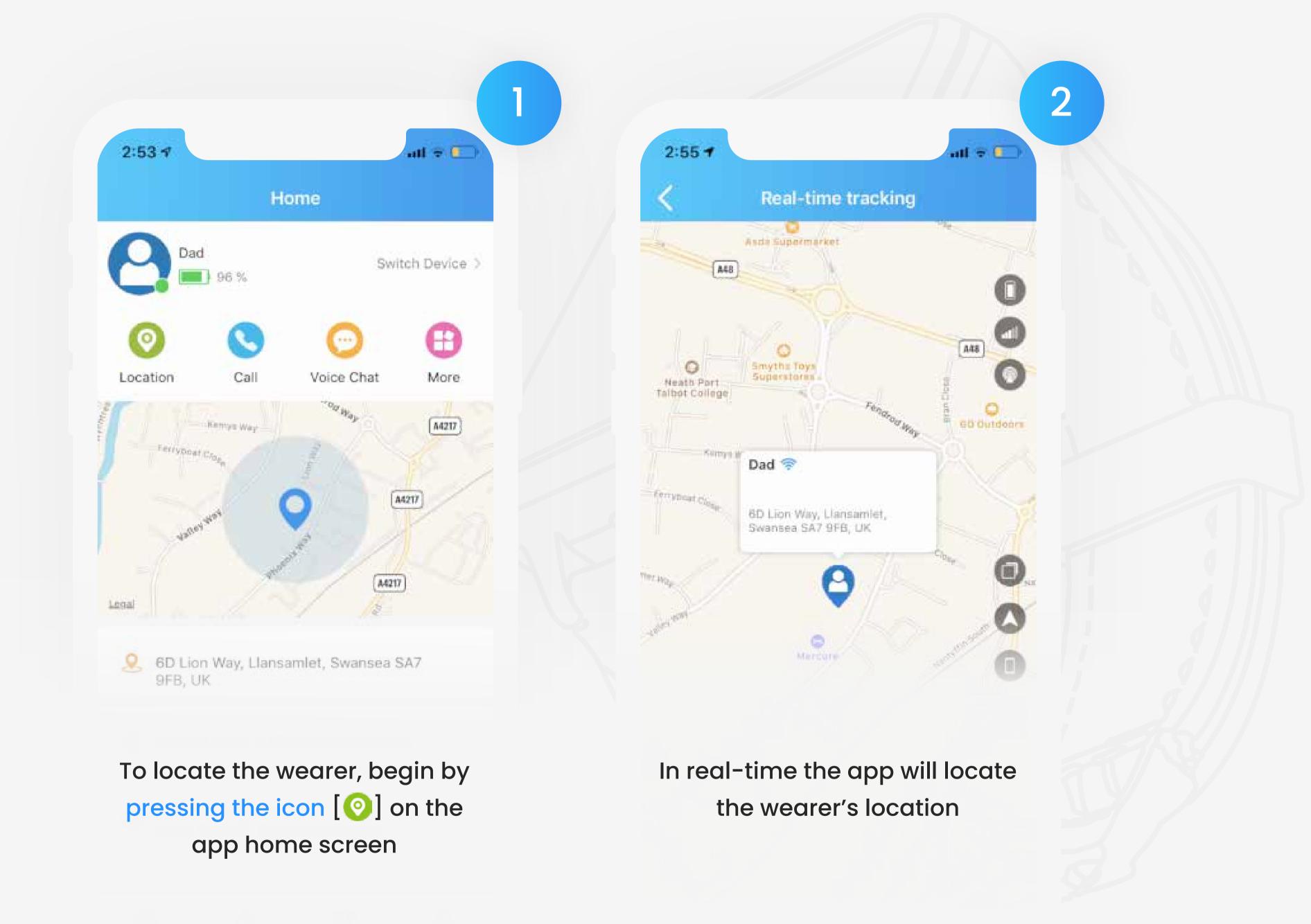
To call the watch, go to the home screen and then press the [3] icon to call the watch

You may be prompted to press
'Call' before the call
can begin

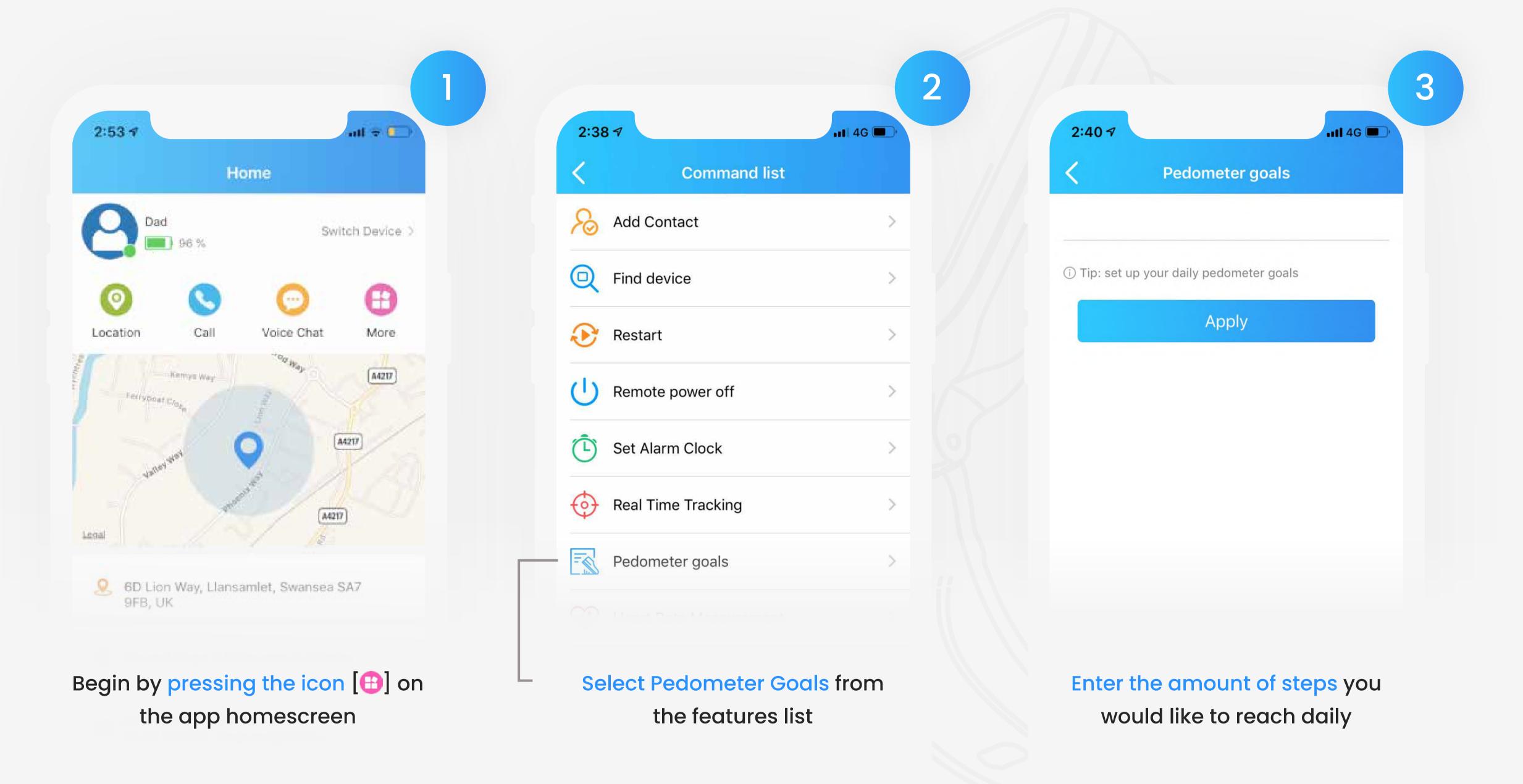
#### 2.3 Measure The Wearer's Heart Rate



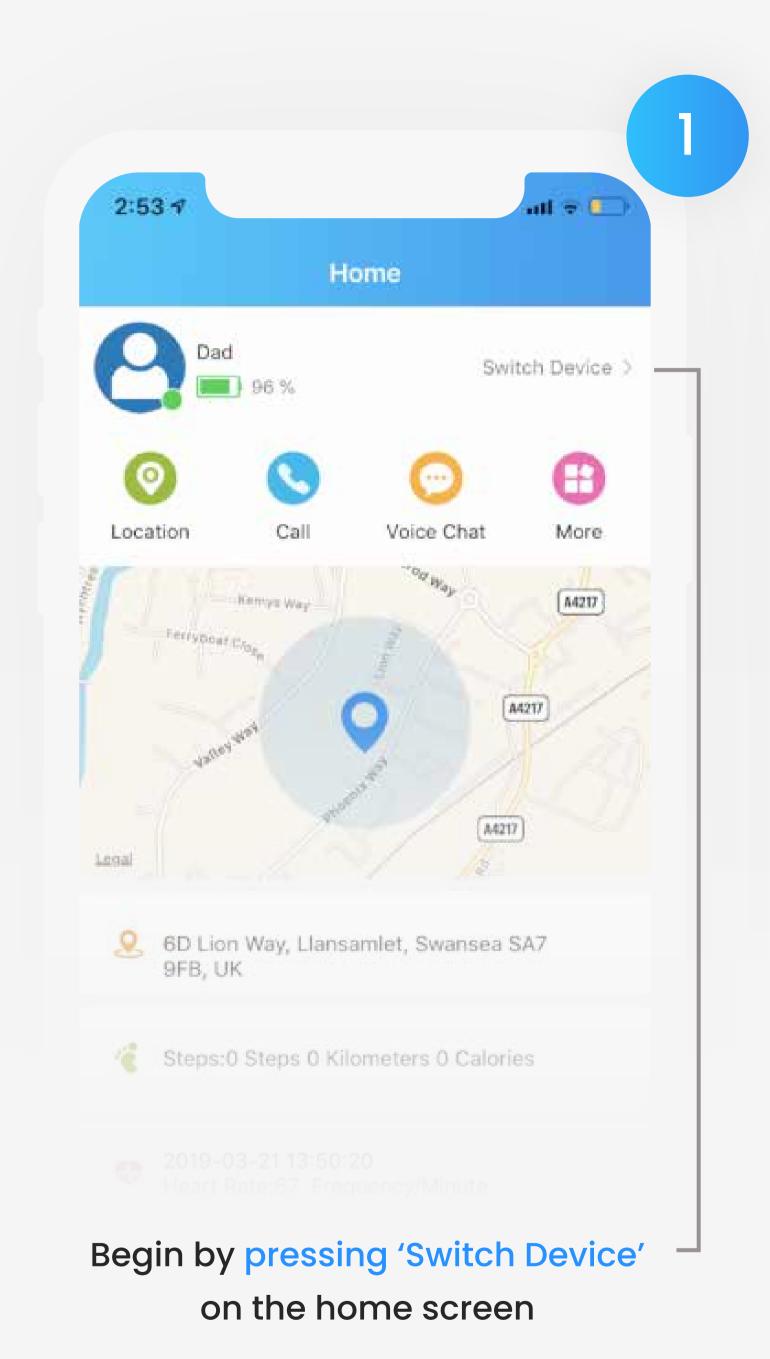
2.4 Locate The Wearer

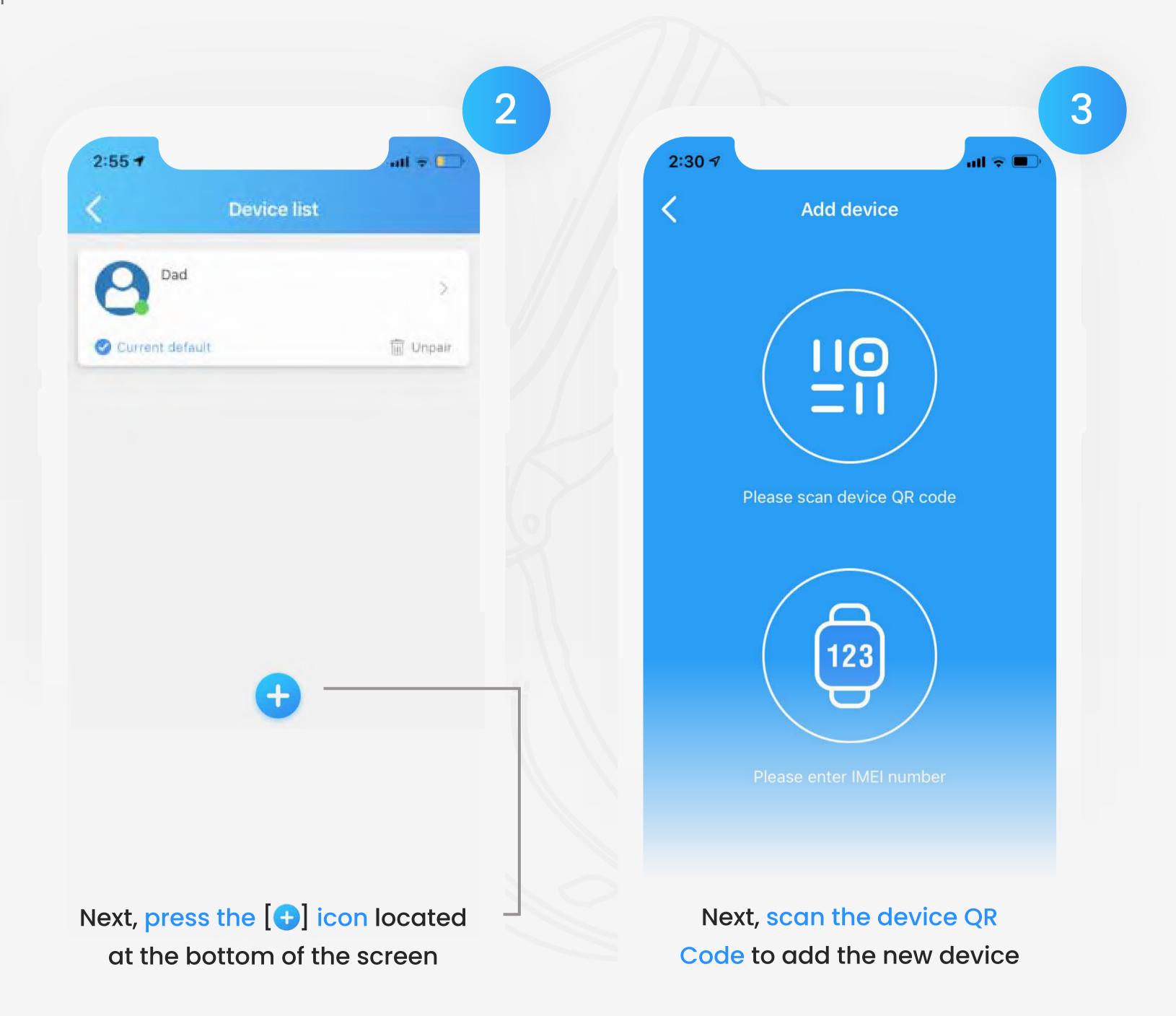


2.5 Set Pedometer Goals

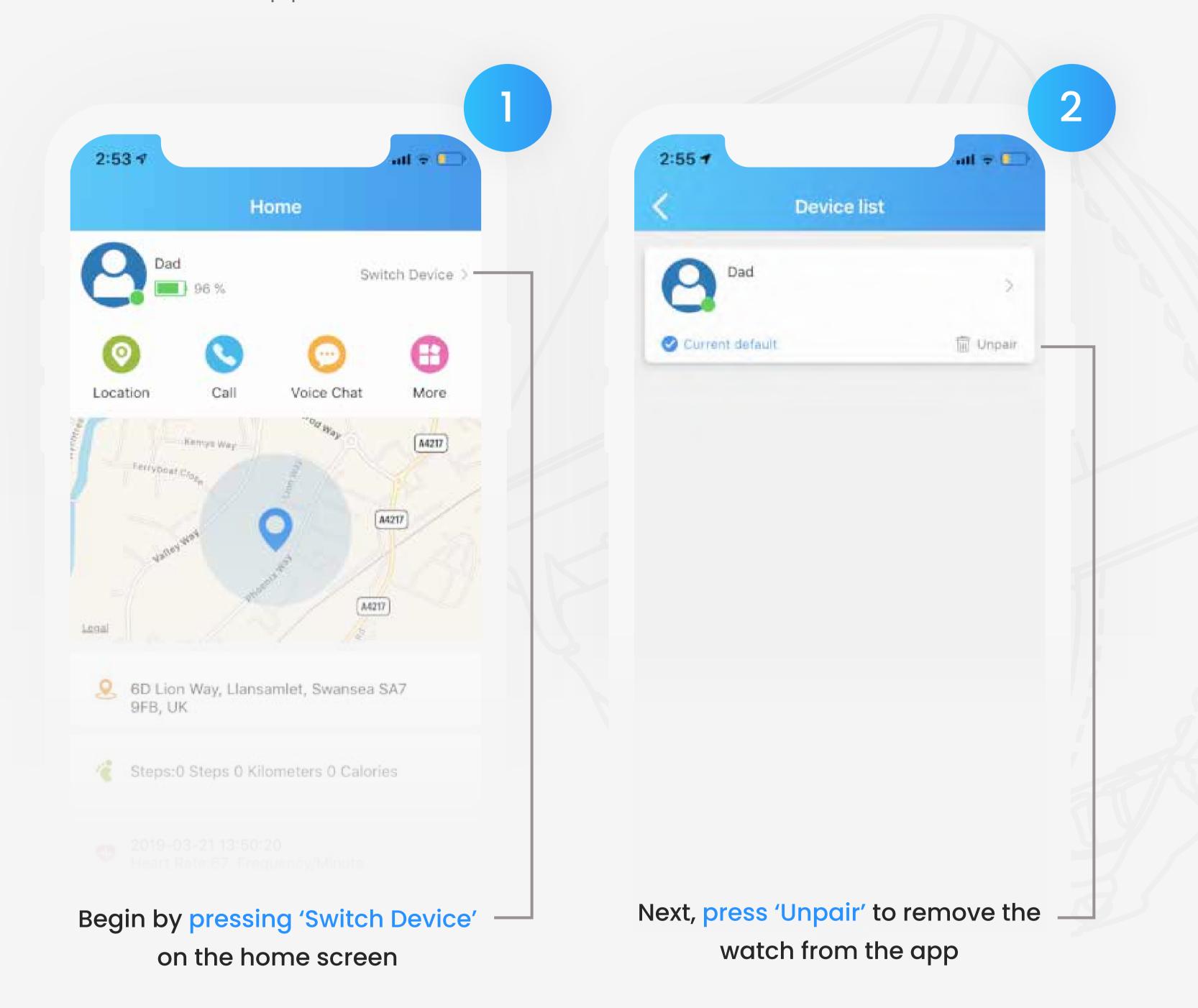


2.6 Add Another Watch To The App





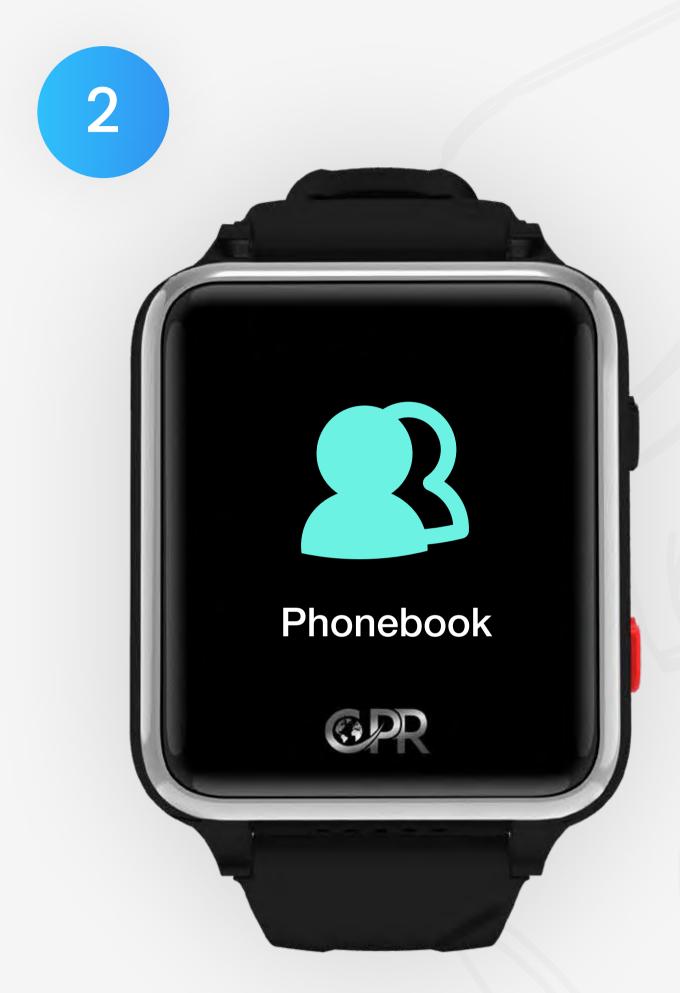
2.7 Unpair The Watch From The App



3.1 Make A Phone Call



To make a normal call, swipe right to left on the watch face



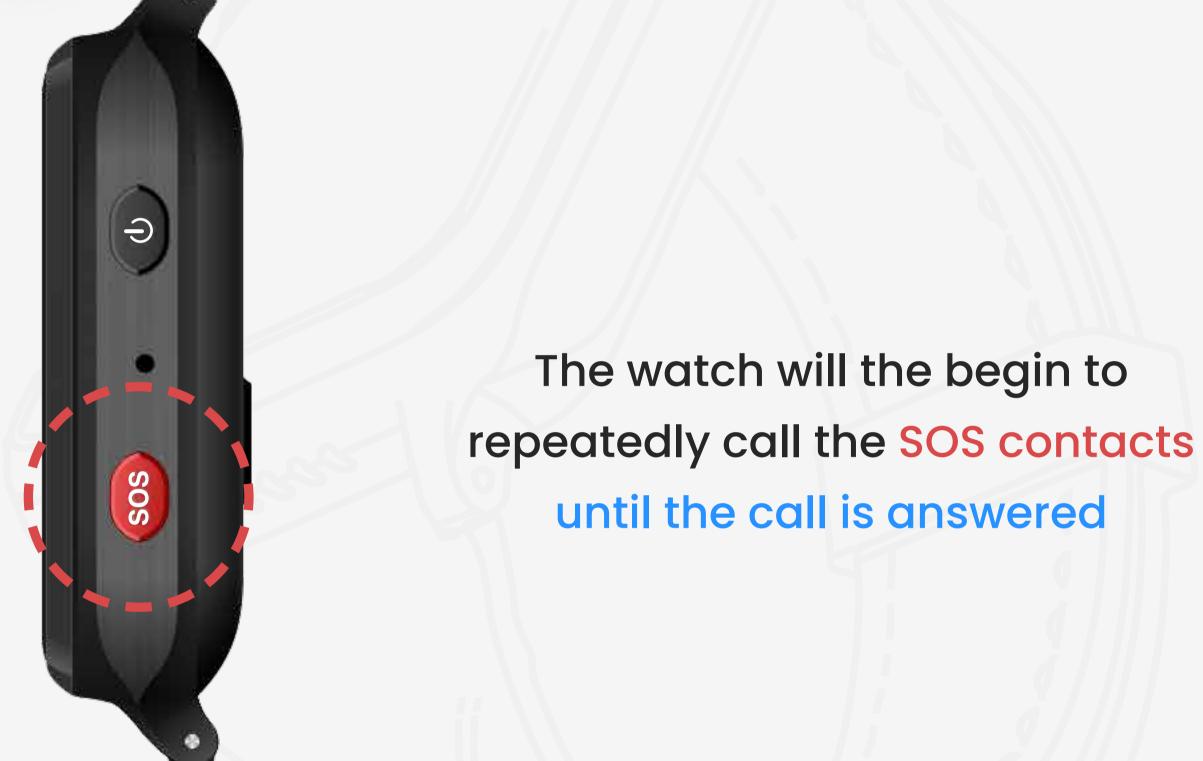
Next, tap the 'Phonebook' icon



Select who you wish to call & hold down on the contact to call

3.2 Make An SOS Call

To make SOS calls from the watch hold down the red SOS button for 3 seconds



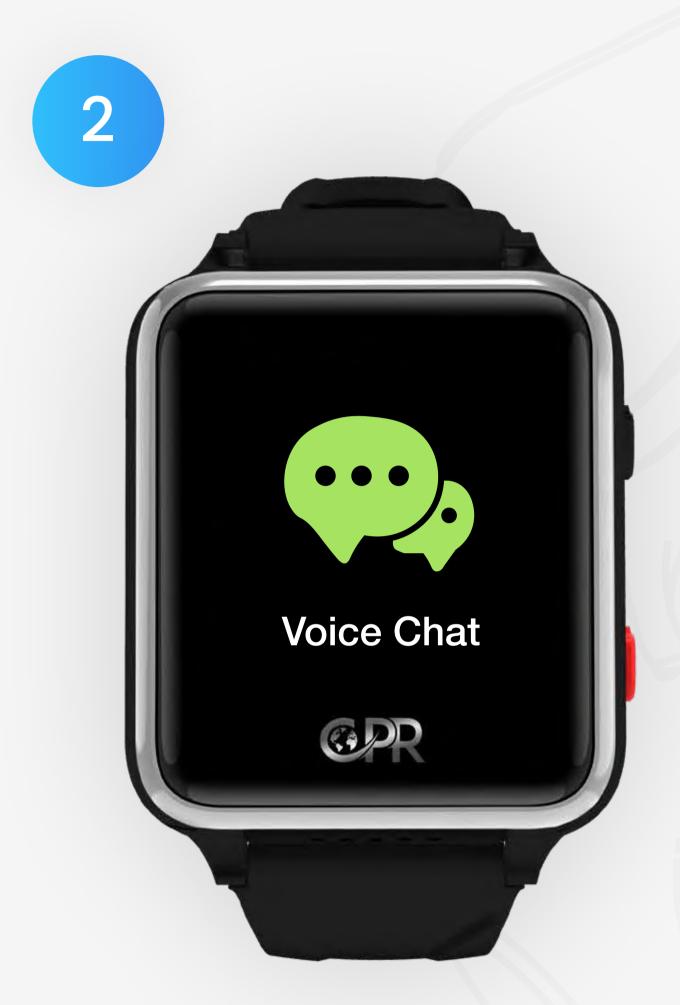
CPR GUARDIAN II

CPRGUARDIAN.COM

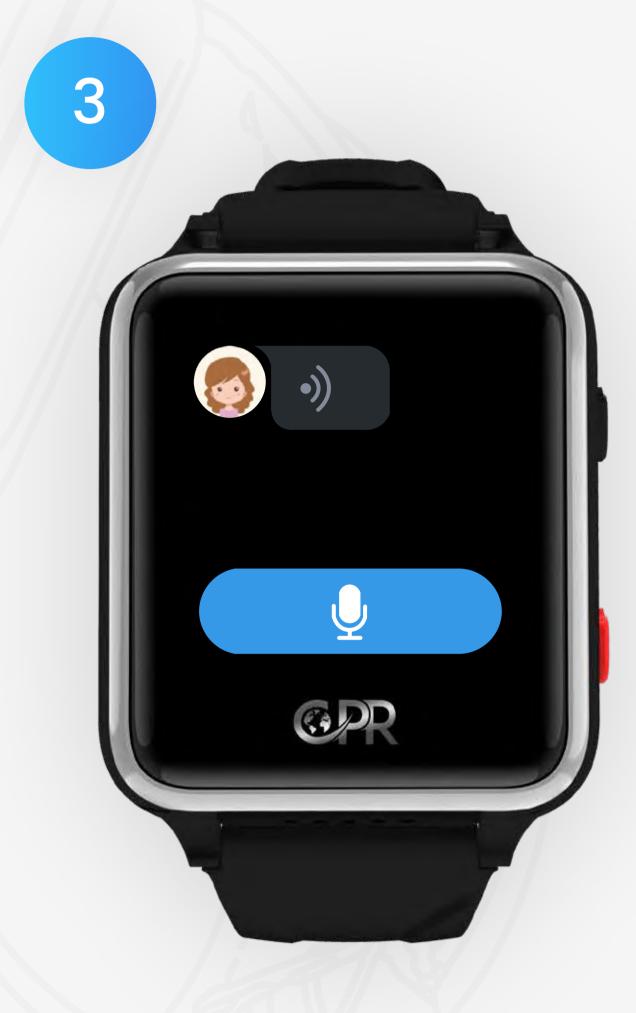
3.3 Send A Voice Message



To send a voice message swipe right until you see the 'Voice Chat' icon

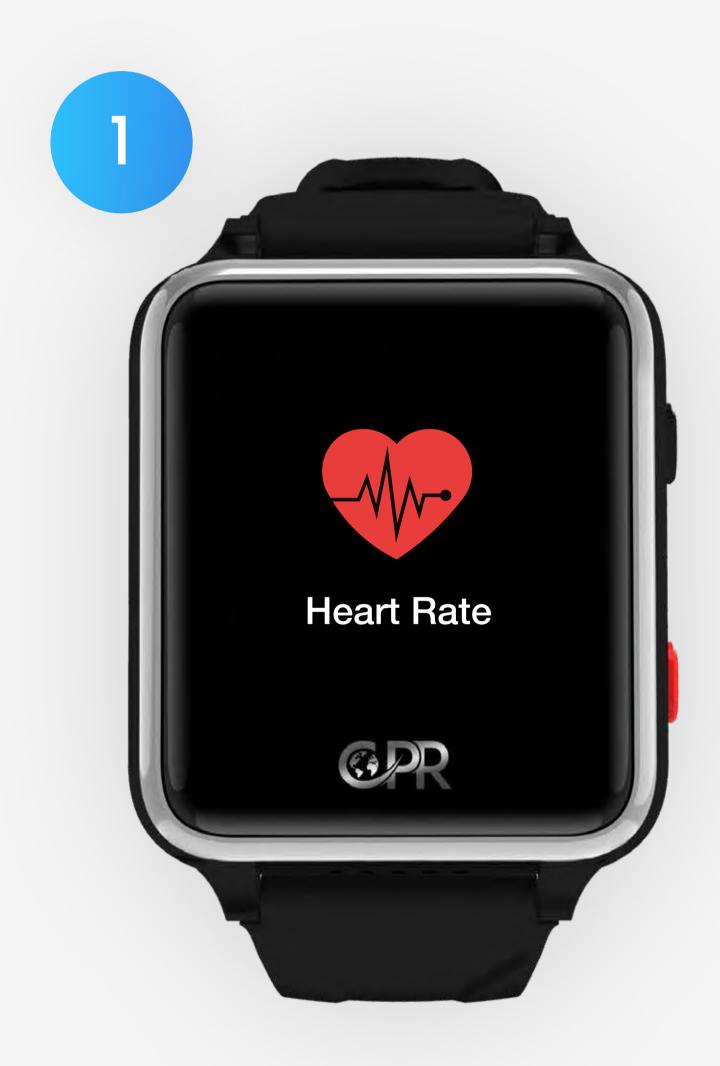


Next, tap the 'Voice Chat' icon

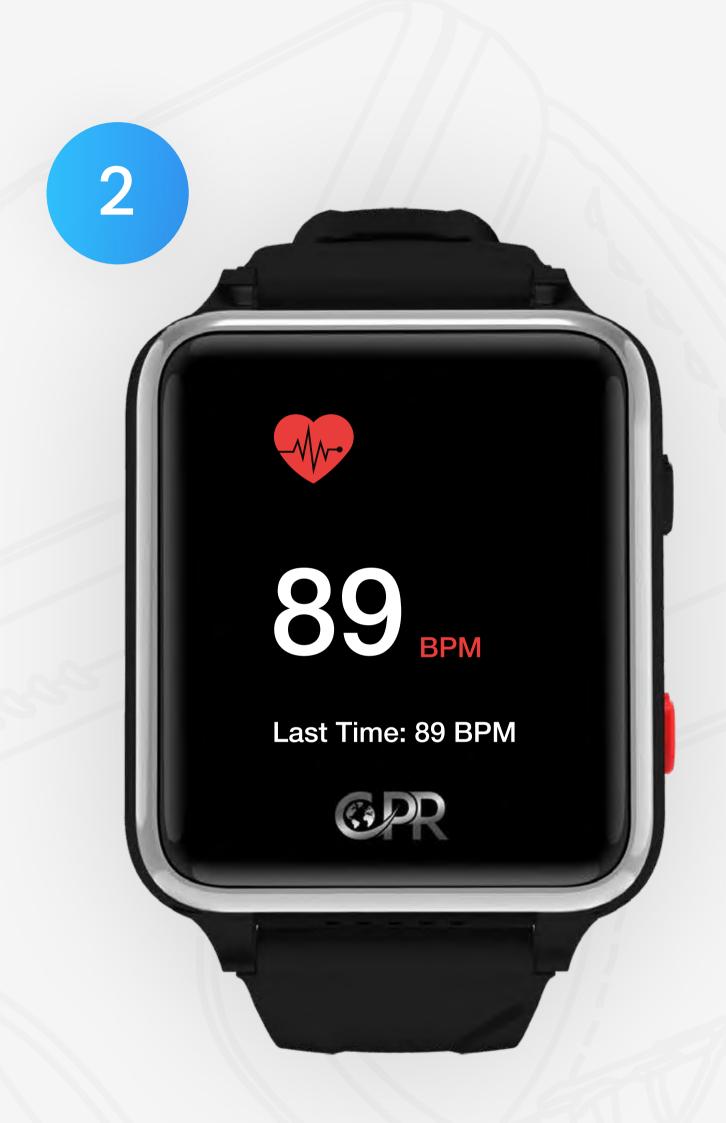


To record your message, press & hold the microphone icon

3.4 Test Your Heart Rate

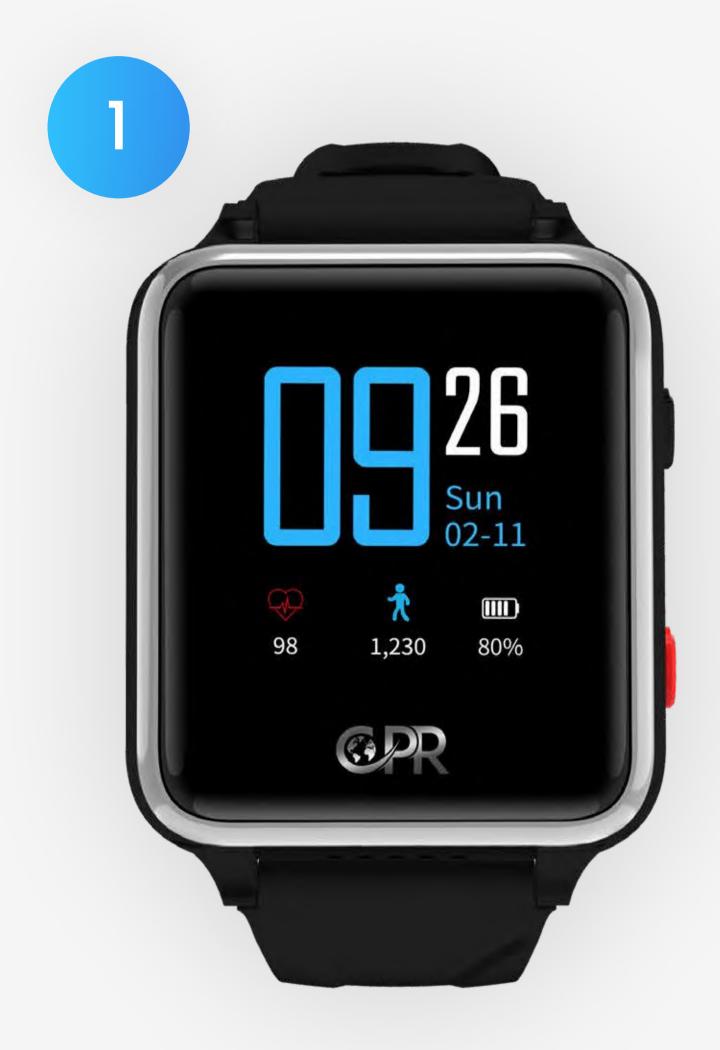


To test your heart rate, swipe right on the watch face until you see the Heart Rate icon.



Next, wait up to 60 seconds for the result. To re-test, tap the screen again

3.5 Change The Clock Face



To change the watch clock face press the home screen on the watch for 3 seconds

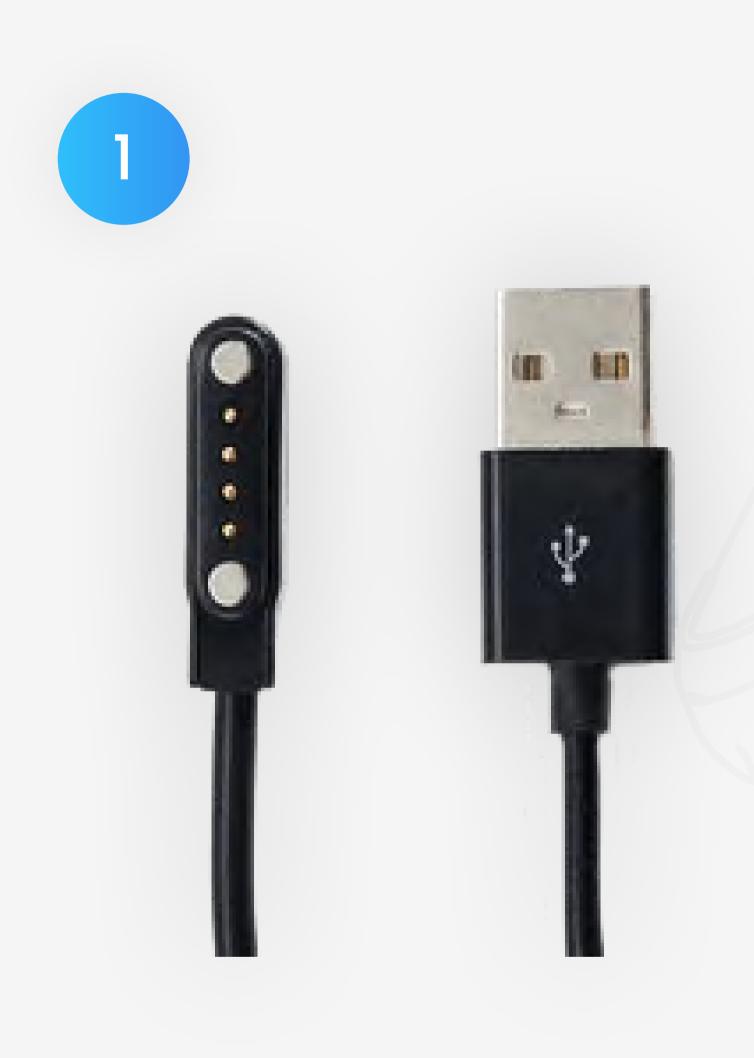


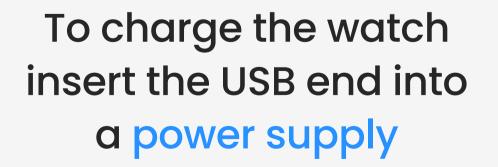
Repeat the first step again to cycle through the watch faces

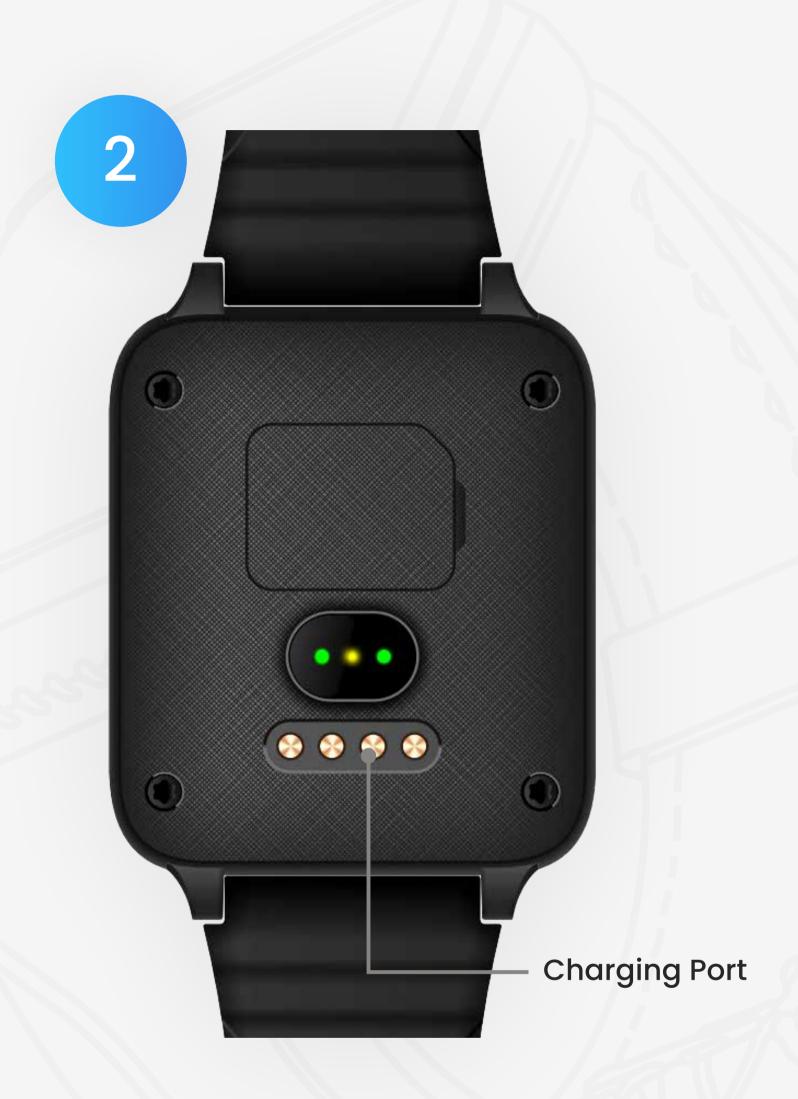


Repeat the first step again to cycle through the watch faces

# Using The CPR Guardian II 3.6 Charge The Watch







Next, connect the magnetic end to the back of the watch

#### **Additional Information**

#### 2.2 Functions & Usage

SOS Button Hold down the "SOS button" for 3 seconds, the watch will automatically update the GPS location and continually dial the phone book numbers until answered.

Phone Call Make a phone call: enter the watch "Phone Book" interface, choose the App preset contact and press to dial the number. Answer a phone call: when you receive an incoming call on the watch, just press the Green icon on the watch screen to answer the call.

\* Only the App preset mobile contact numbers can make calls to the watch, and the watch can only dial the preset mobile contact numbers in the phone book.

Location Enter the App to check the current location of the watch.

Pedometer Enter the watch "Pedometer" interface and press the icon to check the Steps/Distance/Calories, and all the data will transfer to the App automatically.

Heart Rate Monitor Enter the "Heart Rate" interface and press the icon to start the heart rate testing. The test data will show on the watch after the test is complete.

Voice chat Send a voice message: enter the watch "Voice chat" interface, tap the microphone icon shown on the screen to start and record the voice message, then send the voice message when you finish. Every voice message can record for up to 15 seconds.

- Power ON Long Press the power button for 3 seconds.
- \* If the new watch does not power on, it may not be sufficiently charged, please recharge the watch.
- \* If there is a problem with the watch display (such as: black screen), please press and hold the power button for 15 seconds to power on the watch again.

- > Power OFF Press and hold the power button for 15 seconds to turn off the watch.
  - \* Light up the screen: Press the power button once.
- \* Light off / Lock the screen: Press the power button once (when there is no operations on the watch, the illuminated screen will go off after 5 seconds).
- > Change The Watch Faces Press and hold the watch screen in the main interface, to enter and change the different watch faces.
  - \* Slide to Left / Right: enter the watch function menu Phone Book, Heart Rates, Pedometer, Voice Chat
  - \* Slide from Top to Down: display the watch status such as the SIM card network connection signal and battery life.

#### **Additional Information**

2.2 Cautions & Warranty

#### Cautions

- GPS and other telephone functions require SIM credit. The GPS will not work when the watch is powered off or the SIM card/GSM network does not have coverage or is out of service.
- Please do not wash or submerge the watch in water.
- Do not allow children to chew or ingest parts of the watch.
- Avoid using the watch in excessive temperatures.
- Opening the watch will make your warranty null and void.

#### Warranty

This product is guaranteed by the manufacturer for a period of 1 year from the date of purchase. This guarantee does not cover defects arising from accidental damage, misuse or wear and tear and is available only to the original purchaser of the product.





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