

# How to use your **Rosebud Reminder Clock**



Designed with health professionals especially for people living with memory problems.

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# Contents

3. What is the the Rosebud Reminder Clock and what times are set for morning, afternoon, evening and night.
4. Getting started.
5. The settings menu.
6. Chooseing the right calendar mode for you.
7. Setting reminders.
8. What reminders are already in my Rosebud?
9. Personalising your Rosebud.
10. Planning your reminders.
12. How to contact us.



## **What is the Rosebud Reminder Clock?**

The Rosebud Reminder Clock was designed with health professionals lead by Rosie Watts BSc(Hons) specifically for people living with memory problems.

Essentially the Rosebud is a mains powered digital clock with a choice of four different clock displays and twenty helpful reminders that can be set to aid with daily routine. People living with memory problems can have trouble telling whether its day or night or morning or afternoon. Rosebud helps simplify the time and adding the day of the week and the time of day eg, morning, afternoon, evening or night.

Rosebud also has a choice of 20 reminders to help prompt the user to carry out daily tasks that they may forget like eating, drinking and to attend doctors visits. A reminder is an image or text that appears on the digital screen along with a voice prompt. The voice belongs to our friendly OT Rosie Watts after whom the product is named.

Rosebud works well beside the bed, in the living room or kitchen and beside a calendar. You may wish to purchase more than one Rosebud to ensure prompting is available throughout the house.

### **Rosebud times of day:**

Morning: 5am to 12noon

Afternoon: 12 noon to 5pm

Evening: 5pm to 10pm

Night: 10pm to 5am

## Getting started...



Peel off the protected film from the screen.



Plug the power cable into the DC IN socket on the side of the frame. Then plug the cable into the mains and switch on at the socket.

**Your Rosebud Reminder Clock is now working and ready to use**

## What to do when the clocks change, Summer / Winter?



Place your reminder clock on a table face down and press the following buttons in order.

**Clocks going forward in spring,**  
Menu - OK - Up Arrow - OK - Menu

**Clocks going back in Autumn,**  
Menu - OK - Up Arrow - OK - Menu

## The settings menu



**To get to the settings menu** press the 'Menu' button. Press 'Menu' again to exit. If no action is taken within 1 minute the clock will return to main display.



**To set Time/Date** in the settings menu select 'set time' or 'set date' as needed using 'Up' and 'Down' so that it is highlighted and press 'OK'. While the digit is highlighted press 'Up' and 'Down' to change. Press 'Left' and 'Right' to move onto the next digit. Press 'OK' to confirm or time/ date will not be changed.



**To set 12hr/24hr mode** use 'Up' and 'Down' buttons to scroll to 'time mode'. Use 'Left' and 'Right' buttons to identify your required format 12 or 24 hr and press 'OK' to confirm.



**To set brightness for daytime or nighttime** use 'Up' and 'Down' to highlight 'brightness day' or 'brightness night'. Use 'Left' and 'Right' to make adjustment. The larger the number the brighter the luminance.

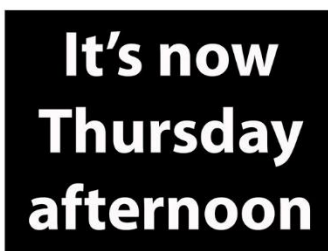
**Need Help? email: [info@ravencourt.com](mailto:info@ravencourt.com)  
or call us on: 01780 489100**



## Choosing the right calendar mode

To choose from our 4 displays (calendar modes) scroll down to 'calendar modes' in the settings menu and use 'Left' and 'Right' to choose your required calendar mode.

Set Date	18-07-2018
Time Mode	24 Hours
Date Mode	Day-Month-Year
Calendar Mode	< analogue clock >



**Calendar Clock** - This calendar mode offers the most information and is very clear. Ideal for early stages of dementia

**Analogue Clock** - When somebody has been used to a standard analogue clock it helps to give them something familiar. Even if they can't pin point the exact time the text points them in the right direction.

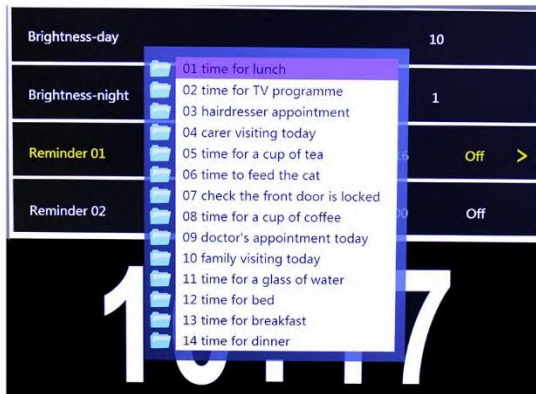
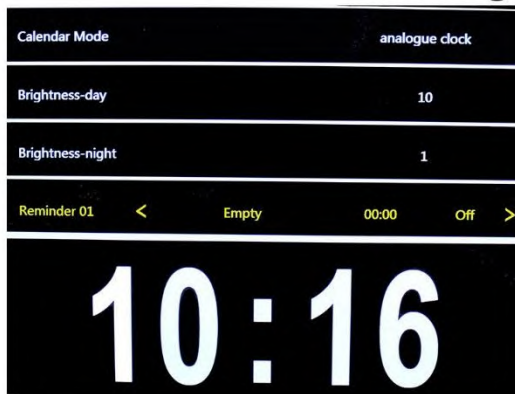
**It's now...** - When cognitive function is impaired, too much information can be confusing. This calendar mode simplifies info to help users to sleep and eat at appropriate times.

**Day/Night** - Very simple but also very pleasing and calming to look at. It doesn't look out of place in the home. Simple information to help orientate the day.

## Tip,

Choosing the right calendar mode is a personal choice and it is always worth going through this stage with the user to choose the calendar mode that they feel most comfortable with.

## Setting reminders



To set a reminder press 'Menu' and scroll down using the 'Down' button until 'Reminder 01' is highlighted in yellow. then click 'OK' button twice, the list of reminders will appear. Use 'Up' and 'Down' to highlight the most appropriate reminder and press 'OK'. Press the 'Left' and 'Right' buttons to the time in blue. When hours are highlighted use 'Up' and 'Down' to change the hours. Use the same process for minutes and to choose either to play the reminder once, daily or to switch it off.

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# What reminders are already in my rosebud?

**Your  
carer  
is visiting today**

**It's time to have a  
cup of tea**



**It's time to feed  
your cat**



**It's time to feed  
your dog**



**You have a  
hairdressers  
appointment today**



**Check  
the front door  
is locked**



**It's time for  
your lunch**



**It's time for your  
television programme**



**You have a  
doctors appointment  
today**



**Your  
family  
are visiting today**

**It's time for  
a glass of water**



**It's time for  
bed**



**It's time for  
your breakfast**



**It's time for  
your dinner**



**It's time to  
take your medication**



**Your  
home helper  
is visiting today**

**Your lunch  
is in the fridge**



**Would you like to  
use the toilet?**



**It's time for  
a cup of coffee**



Pre set reminders last about 40 seconds. They begin with a tone of several pitches and then a spoken reminder. This repeats several times before stopping and going back to your chosen calendar clock mode. To stop a reminder early press 'OK'.



## **Personalising your Rosebud Reminder Clock**

Although we have tried to put the majority of reminders that we think you will need to keep a healthy daily routine, it is possible to create your own personalised reminders should you wish to.

1. First you must create your text or picture. The easiest way to do this is by using a program such as Microsoft Paint (you can use other similar programs). Select image size 1024 pixels wide X 768 pixels high. Then create your chosen image and save.
2. Create a folder on the chosen USB or SD card and name the folder something relevant to that reminder. eg, Remember to feed the fish.
3. Drag and drop your chosen image into the folder you have created.
4. Record the audio message that you want in your reminder. This is easy to do on a smart phone and then emailed to your PC.
5. Drag and drop your sound file into the folder you have created. Without sound your reminder will not play. The length of the audio determines the length of the reminder. To repeat the audio, drop the audio file into the folder multiple times.
6. Each folder on the USB or SD card is a separate reminder.
7. For video reminders film a video in landscape and drop this into a folder on the USB or SD card and name the folder appropriately.
8. Plug the USB or SD card into the appropriate slot on your Rosebud reminder clock, you can then select from your own list of reminders as well as our pre set list.

**Getting the most from your Rosebud Reminder Clock**

Here is a table to help you plan your reminders and daily structure

Reminder no.	Message	Time	Day(s)	Status
<i>example</i>	<i>wake up</i>	<i>7am</i>	<i>daily</i>	<i>repeat</i>

## **Getting to know our customers is important to us**

If you have any problems setting up your Rosebud or need advice on how to use your Rosebud please contact us directly.

**info@ravencourt.com**

**01780 - 489100**

## **Please send us your feedback.**

We are constantly striving to improve our products and the service that we offer. We also design new and innovative products for elderly care, memory loss and low vision. Any new product ideas or feedback on how to improve our products or services will be greatly received. Please send your feedback and ideas to me directly for free by addressing an envelope with just the following '**Freepost RAVENCOURT**' if the envelope has any other address details on then it will not be delivered. I truly look forward to hearing from you.

Kind regards

Oli Story  
Director

**TO REDUCE THE RISK OF FIRE OR ELECTRIC  
SHOCK, DO NOT EXPOSE THIS APPLIANCE TO  
RAIN OR MOISTURE**



**Ravencourt**

# **The Rosebud Reminder Clock**

**For people living with memory problems**

**Choose from 4 different Calendar modes**

**Wednesday afternoon**

**15:33**

**5 September 2018**

**It's now  
Thursday  
afternoon**



**Wednesday afternoon**



**Wednesday afternoon**

**20 pre-set reminders - or create your own**

**It's time for  
a glass of water**



**It's time to have a  
cup of tea**



**Thank you for your purchase**

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