Mindful MAKES

The team at Dolly Dimples Crafts has created a quality quintet of cards focusing on mindfulness, relaxation and inner strength



MATERIALS

- black 20cm-square card blank
- white & black cardstock
- Dolly Dimples Crafts
 Stargazer, Mindfulness &
 Strength stamp sets
- mixed-media cardstock
- Tuxedo Black

Memento inkpad

- * alcohol markers
- * white gel pen
- ❖ 3D foam pads

HOW TO CREATE

1 Trim white cardstock to slightly smaller than the

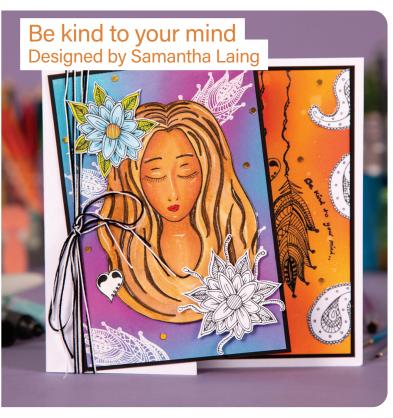
card blank. In the bottom-left corner, stamp the figure then stamp a mask on copy paper and cut out. Cover the original image to stamp the tree.

2 Stamp the tree with the sun

peeking out from one side, then stamp the moon at the then fill in with the smaller stamps, completing the background.

4 Use alcohol markers to colour the images, then add highlights of white gel pen. Affix the coloured panel to the card front. Add a stamped sentiment to finish.

NEW RELEASES



MATERIALS

- white & black cardstock
- Dolly Dimples Crafts Mindfulness, Stargazer & Strength stamp sets
- clear & white embossing powder
- Vintage Photo Ranger Tim Holtz Distress Ink

- Seedless Preserves, Candied Apple, Fossilized Amber & **Broken China Ranger Tim Holtz Distress Oxide Ink**
- Intense Black Hero Arts inkpad
- clear embossing inkpad
- alcohol markers
- brown pencil
- gold confetti
- ink-blending brushes
- A heat tool
- black & white twine
- white gel pen
- 3D foam pads

HOW TO CREATE

- 1 Stamp background elements across an A6 piece of white cardstock using clear ink and white heat-emboss. Blend Seedless Preserves and Broken China ink across the panel, then wipe away any excess ink from the embossing using a dry cloth.
- 2 Stamp feathers in black on a 14.8cm-square piece of cardstock, before clear heatembossing. Add a sentiment around one feather towards the

- right, then blend Candied Apple and Fossilized Amber ink across the square.
- 3 Stamp Paisley shapes and flowers on white cardstock, cut out and set the flowers aside. Affix the Paisley shapes to the orange panel, trimming any excess.
- 4 Matt both panels onto black cardstock. Score a 24.5x16cm piece of cardstock at 8cm and fold to make a gatefold card blank, then affix the panels as shown.
- 5 Stamp the girl from the 'Mindfulness' set on spare cardstock and colour her hair using Vintage Photo ink applied with a waterbrush. Use alcohol markers for her skin then add detail with white gel pen and brown pencil.
- 6 Cut out and affix to the card front, adding a blue flower in her hair. Add a plain flower.
- 7 Tie black and white twine around the card front and add small pieces of gold confetti to finish

MATERIALS

- white Neenah cardstock
- watercolour cardstock
- Dolly Dimples Crafts Strength stamp set & Alphabet Letter 'S' template
- Noir Black Spectrum Noir Finesse alcohol-proof dye inkpad
- Chinese Red, Pale Fig, Orange, Spring Meadow & Ocean Blue **Spectrum Noir Harmony** water-reactive Inkpads
- Spectrum Noir alcohol markers
- Spectrum Noir **Colourblend pencils**
- Art by Marlene watercolour ink
- paintbrush
- white gel pen
- 3D foam pads

HOW TO CREATE

- 1 Fold white cardstock in half and draw around the 'S' template. Draw again on watercolour cardstock and cut a smaller layer.
- 2 Paint a watercolour background and allow to dry

before affixing to the shaped card blank. Stamp the two sentiments, bending the stamps a little to fit the shape of the card.

3 Stamp the figure on cardstock and colour in, making sure to keep each section a different colour. Cut out, leaving a narrow white border. Stamp and colour the flower then cut out then affix over the hair

4 Stamp eight feathers and cut out. Using the planned position of the figure as a guide, arrange the feathers stamps across the card front, ensuring the ones closest to the head just sit under the image, using 3D foam pads to lift them.

top tip

Cut out the 'S' using the template then, for the coloured layer, draw around the template on watercolour cardstock and

cut out 0.5cm inside of the line all the way around

Never doubt your abilities Designed by Claire Simpson

NEW RELEASES



MATERIALS

- white 20cm-square card blank
- white & black cardstock
- Dolly Dimples Crafts Stargazer
- & Strength stamp sets
- watercolour cardstock
- Nocturne VersaFine

Clair inkpad

- Salvaged Patina & Squeezed Lemonade Ranger Tim Holtz **Distress Oxide Ink**
- Ecoline brush pens
- waterbrush
- ink-blending brushes
- heat tool
- black & white twine
- white gel pen
- 6cm circle stencil
- 3D foam pads

HOW TO CREATE

- 1 Blend Squeezed Lemonade ink through a circle stencil towards the top-right corner of a 16cm square of cardstock. Stamp a sentiment around the edge, then blend Salvaged Patina ink around the edges.
- 2 Stamp the focal image on watercolour cardstock using

Nocturne ink and cut out. Draw around it on the square lightly in pencil as a guide, then stamp little branches all the way round.

- 3 Colour the hair, blending three shades of pink. Colour the face adding colour to cheeks and a pop of eyeshadow.
- 4 Stamp the flower and trim off all leaves, colour using Salvaged Patina and a pale pink pen. Use a white gel pen to doodle lines and highlights. Matt and layer onto black cardstock.
- 5 Stamp the little branch all the way round the edge an 18.4cm-square piece of white cardstock. Layer onto black and affix to the card front. Add the coloured panel on top using 3D foam pads.

MATERIALS

- ♦ white 12"-square cardstock
- mixed-media cardstock
- rainbow mirror card
- soft drinks can
- Dolly Dimples Crafts Stargazer, Mindfulness & Strength stamp sets
- watercolour cardstock
- Tuxedo Black Memento inkpad
- Wilted Violet, Spiced Marmalade, Candied Apple, **Twisted Citron & Tumbled Glass Ranger Tim Holtz Distress** Oxide Ink
- alcohol markers
- Faber-Castell Polychromos pencils
- ink-blending brushes
- water spritzer
- white gel pen
- 3D foam pads
- Dolly Dimples Ticker Tape & Sir Clips die sets
- manual die-cutting machine

HOW TO CREATE

1 To make the shutter card base, cut cardstock to 12x6". Mark with pencil at 2", 4", 8" and 10" along the long sides. Join up the marks at 2" and 10". On these lines mark at 2" and 4" and cut two slits with a craft

knife and a ruler.

- 2 Score lightly along 2", 4", 8" and 10". Mountain-fold the top and bottom at 4" and the middle at 2" and 10". Valley-fold the remaining scored lines.
- 3 Create matts and layers using mirror card and mixed-media cardstock, decreasing by 1/8" on all sides.
- 4 Stamp the girl and tree on the mixed-media cardstock using Tuxedo Black ink. Stamp elements from the other two sets, colour with alcohol markers, coloured pencils and white gel pen. Cut out all images.
- 5 On the mixed-media pieces, blend all five Distress inks,

splatter and spritz with a water and blot dry. Use Distress Oxides to create a background using smaller stamps.

6 Die-cut two sentiments and a butterfly from a flattened soft drink can. Affix the elements to the card base as shown.

