

Things You want to know about Annique Skin Care



Bo-Serum	Intense Repair Serum	Moisture Serum
<ul style="list-style-type: none">• Skin relaxer• Anti-wrinkle treatment• Revitalising ingredients• Ingredients:<ul style="list-style-type: none">o BoNT-L-peptideo Rooibos infused oilo Potassiumo Cogon grass	<ul style="list-style-type: none">• Repairs damaged and dull skin• Ingredients:<ul style="list-style-type: none">o 10 Botanical oils including:<ul style="list-style-type: none">o Rooibos infused oilo Vitamin E	<ul style="list-style-type: none">• Restores moisture• Optimises moisture levels• Prevents skin from losing moisture• Ingredients:<ul style="list-style-type: none">o Inca seed omega oils – Omega 3, 6 and 9o Vitamin Eo Rooibos



Question: my skin is very dry, how do I hydrate my skin?

Answer:

Ensure that you use all the essential Annique products recommended for dry skin.

- [Lucid Calming Cleansing Creme](#)
- For dry or dehydrated skin you can apply [Lucid Ultimate Moisturiser for Dry Skin](#) or [Lucid Ultra Hydrating Moisture Lotion](#) up to 8 times during the day. Spread moisturiser over your palms & press onto your face
- [Forever Young Revitalising cream](#) is your Moisturiser's best companion and should be used from the age of 25
- [Essence Moisture Serum](#) is wonderful to provide extra moisture to the dry skin
- [Lucid HydraRestore Freshener](#) is important to balance the pH of your skin. When cleansing your skin the pH balance of your skin is disturbed and it is important to re-balance the pH. The toner closes your pores and seals in moisture.
- Add an Annique [Sun Block](#) during the daytime
- **Do use both Ultimate Moisturiser and [Creme de Nuit](#) at night time.** Lucid Ultimate Moisturiser provides the moisture that your skin needs and Creme de Nuit provides the nourishment that your skin needs at night
- **Use pure cool Rooibos tea instead of water when cleansing your face or use Rooibos infused water and to wake your skin up in the morning.** Rooibos tea helps to neutralise the chemicals in tap water that robs your skin of moisture and accelerates skin ageing
- **Are you taking skin-food vitamins?** [OptiVite](#) (multi-vitamin), [Lifestyle shake](#) (vitamin & mineral meal replacement of nutritional supplement) and [OptiMega](#) (Omega fatty acids)

- Your **fluid** intake per day should be at **least** 6 - 8 glasses of water and/or Rooibos tea per day to help hydrate your skin

****Your skin is a mirror of what is going on in your life and inside your body. Factors like your diet, your stress levels, illness, medication, exercise, pollution and fluid intake have an effect on how your skin looks and feels.**

Question: From what age can you start using Annique Bo-Serum?

Answer: [Bo-Serum](#) may be used from 15 years of age. It can be used to prevent deep lines from forming, as well as treating lines and wrinkles.

Question: What is the difference between Bo-Serum and Botox?

Answer: Botox are injected into the skin. Bo-Serum contains a peptide that simulates the results of Botox, but without the toxicity and/or loss of muscle control. Bo-Serum is not toxic or dangerous and the peptides relax the skin in a natural way.

Question: When should I apply Bo-Serum?

Answer: Apply [Essence Skin Detox](#) first then your Bo-Serum.

Question: Is Annique Q10 Therapy Energy just an anti-ageing product or has it other benefits as well?

Answer: [Q10 Cell Energy](#) is also excellent for: Dull skin - adult problem skin - balancing dry and oily skin types - pigmentation and enlarged pores.

Question: Any advice for sunburn?

Answer: It is of course best to avoid it in the first place but the following steps should bring great relief:

1. Add 2 cups of strong Rooibos tea to a lukewarm bath of water or Spray [Liquid Skin Nutrition](#) to cool down the area and nourish damaged skin
2. Pat your skin dry and apply [ResQue Cream](#) and / or [Essence Miracle Tissue oil](#) liberally

Question: I have to start radiation treatment for skin cancer on my face soon, is there a way that I can protect my skin around the areas to be treated?

Answer: We have had feedback that Annique's [Essence Miracle Rooibos](#) oil followed by [Resque cream](#) has given exceptionally good results to protect the skin in the surrounding areas.

Question: What is Liquid Skin Nutrition (LSN)?

Answer: [Liquid Skin Nutrition](#) vitamin and mineral enriched spray for your skin. It helps skin cells to utilise nutrients better and cleanses pores deep down to prevent spots, pimples, blemishes, blackheads and white heads.

Q: Can I replace my pH Balancing Freshener with LSN?

A: No. our pH Balancing Fresheners are used to balance the pH of the skin after cleansing and to close the pores after all products have been applied. You can apply the LSN after your normal Annique creams, just before your pH Balancing Freshener.

Q: What is the difference between the pH Balancing Fresheners and LSN?

A: LSN is spray vitamins and minerals for your skin. The pH Balancing Fresheners regulate the skin's pH that keeps the skin's immune system intact. This prevents skin problems, ageing and other skin ailments.

Q: Why is there no pH balancing product in the Face Facts range?

A: All the products in the Face Facts range are pH balanced and will not disturb the delicate pH of the skin.

Q: Does LSN replace any product in my normal skincare routine?

A: No. LSN is a completely different product; it will enhance the effectiveness of all your other nourishing and revitalising creams.

Q: Why is LSN also beneficial for mature skin?

A: As the skin matures, it loses its ability to function optimally. The skin also becomes thinner, damages easier and its ability to heal itself diminishes. The vitamins and minerals in LSN will be absorbed by mature skin and allow the skin cell to function better, creating an improved appearance in the skin.