## KICK-STARTING YOUR ACRYLIC PAINTINGS

(not suitable for beginners)

## With Annie Monk

Wednesday 10th April 2024

Do you sometimes stand in front of a blank canvas and wonder where and how to start? That can happen to all of us, perhaps when experiencing the dreaded 'block' or when we're just finding it difficult to get started, whether or not we have a plan for a painting in our minds.

So we'll be talking about how to overcome those times and to focus on enjoying that moment when we choose a support, which brushes/knife to use and what colours we'll find exciting in order to create a work of art. Some painting experience is required.

Join me for a fun and creative day of painting!

## Materials to bring:

- Acrylic paints to include at least the primary colours of red, yellow and blue, plus white and Burnt Umber.
- Any other media you like to use, i.e. acrylic inks/oil pastels/collage material and pva glue
- Inexpensive flat and round brushes, natural bristle or nylon. Any sizes, but at least 1" is preferable for loose work. A palette knife may be useful.
- 'Staywet' palette or plastic tray/plate, or paper plate.
- Any of the following supports (painting surfaces):
  Stretched canvas or canvas board
  Watercolour paper
  Primed mdf or other board
- Kitchen roll