

## Club / Physio Pricing 2025



**CLUB PRO ELASTIC ADHESIVE BANDAGE TAPE x 4.5m** - Top quality cloth, white, latex free. New & improved water resistant adhesion, individually wrapped, straight edges. Low Allergy.

Offers great value for a quality product.



**PREMIUM ELASTIC ADHESIVE BANDAGE TAPE x 4.5m**  
Best quality cloth, white, latex free. With extra adhesion for the most demanding conditions. Water resistant adhesion, individually wrapped, feathered edges, guide lines (excluding 2.5cm). Low allergy. As supplied to professional clubs.

Superb value for this premium quality tape.



**LIGHT RIP PREMIUM EAB x 7m** - Highly elastic cotton/spandex blend easy-tear EAB for rapid application. Gives compression like a cohesive bandage, but with high adhesive grip. **Longer length of 7m.**

Used in line-outs & as an alternative to traditional EAB. Massively popular in rugby. In white or black, latex free, hypoallergenic & individually wrapped.



**SONEKA WAVE GRIP ZINC OXIDE SPORTS TAPE x 15m**  
Massively popular. A good quality cotton cloth with Hypoallergenic, latex free zinc oxide adhesion. A highly adhesive & strong rigid tape, used for non-stretch support, limiting or immobilising movement.

With its wave grip adhesion, it has excellent breathability qualities. Serrated zig-zag edges means you have a precise tear-off point & also allows for a faster application on training or match days. White, individually wrapped. **New longer length of 15m.**

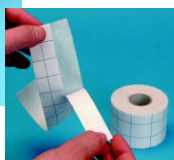


**CLUB PRO RIGID SPORTS TAN TAPE x 15m** - High quality, with high tensile Rayon tan fabric for maximum support. Improved, extra strong porous zinc oxide adhesive ensures the tape will remain in place during vigorous activities. Air permeable to allow for evaporation of sweat, whilst maintaining strength & stability. Serrated edges provides a more precise & quicker tape application whilst eliminating threading.

Hypoallergenic and latex free. Offered as an alternative to the rigid tapes like Leukotape P but without the expense. Individually wrapped. **Longer length of 15m.**



**PREMIUM RIGID SPORTS TAPE x 10m** - Best quality rigid sports tape. Has high tensile strength and very strong adhesive qualities which contains latex. Serrated edges & is completely without elasticity. Tan colour, very similar to Leukotape P but without the expense.



**FIXATION / RETENTION TAPE x 10m**  
Hypoallergenic skin barrier tape in widths 5.0cm or 10cm.



**OK KINESIOLOGY TAPE 5cm x 5m** - Good quality K-tape that offers brilliant value for money for a good quality K-tape. Hypo-allergenic & latex free. Supplied in - blue, pink, tan, black, red, yellow & green

**OK KINESIOLOGY PRO TAPE 5cm x 31.5m** - in black or blue with contour print to help with placement.



**FOAM UNDERWRAP -**  
7cm x 27m, sealed, tan or black.



**SONEKA COHESIVE (GRIP) BANDAGE x 4.5m** - A latex free elastic cohesive bandage constructed for easy tearing without losing its compression. Ideal for securing dressings, it won't stick to a patient's skin, hair or clothing, making removal painless and comfortable. Cost-effective, it can be used, washed and reused. Offered per roll or a box. Available in white, black, red, green & blue. Widths 2.5cm (black, white, blue only), 5cm (all colours) & 7.5cm (all colours) & 10cm (black & white only).



**INSULATION PVC TAPE 19mm x 33m** - Ideal for additional support & protection for ears, fingers, thumbs, wrists etc. Also securing bandages & sock tie-ups. Available in - black, red, blue, green, silver, yellow & white. Also, pink and violet.



**MUELLER PRE TAPE TUFFNER ADHERENT 283g** - A colourless tape adherent, that's quick drying. Apply to skin before taping

**ULTIMATE PERFORMANCE TAPE FIX 200ml** - Spray adherent that helos keep tapes & wraps in place.



**PHYSIO KIT BAG PRO** - Supplied with a large range of medical supplies in a good quality bag.



**RUN ON MEDICAL KIT** - Complete with a good range of medical supplies for run on treatment.



**SONEKA PHYSIO WAIST BAG (EMPTY)** - Lightweight & allows for easy/fast access to medical supplies. For run-on field treatment.



**GLOVES, NITRILE, BLUE OR BLACK** - Essential for any first aid situation. Beaded cuff, ambidextrous & disposable. High tensile strength & optimum sensitivity. Non-sterile. Powder-free.



**SCISSORS - TOUGH CUT** - 18cm, cuts through bandages/clothing.  
**NURSES SCISSORS** - 12cm, blunt/blunt  
**BANDAGE SCISSORS** - 14cm  
**BANDAGE SCISSORS** - 18cm  
**TWEEZERS** - Metal or plastic



**EYEWASH PODS, STERILE SALINE, 30ML** - Used to rinse out cuts & treat eye injuries. Sold individually or as a box of 25.





**ADHESIVE DRESSINGS, STERILE, BOX 50** - Sterile, low allergy adhesive dressing, with highly absorbent central pad. Flexible, breathable stretch fabric that conforms to the body, easy to remove, but remains securely in place once applied. Individually wrapped. Suitable for surgical wounds, cuts, abrasions & lacerations. Various sizes.

**LOW ADHERENT DRESSINGS, STERILE, BOX 100** - A soft & pliable hypo-allergenic low adhesive dressing that is ideal for post operative wounds, minor lacerations and grazes. Sizes **5cm, 7.5cm or 10cm**.

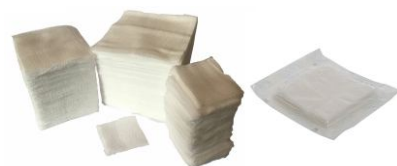
**WATERPROOF ADHESIVE DRESSING** - great for covering wounds and abrasions that need to be kept dry and protected.



**NASAL PLUGS, PACK OF 50, NON STERILE** - Soft, non-linting, 100% cotton plugs used to control nose bleeds. 3.8cm long. Absorbent & latex free. Excellent sports first aid kit product for treatment to nose bleeds in various sports.



**MICROPOROUS TAPE x 10m** - Secure dressings with this easy tear tape. 1.25cm, 2.5cm or 5cm widths.



**GAUZE SWABS, PACK OF 100, NON STERILE** - Used for absorbing fluids such as blood, sweat etc., and cleaning up around wounds. Non adhesion. Can be used with cohesive bandage or Light Rip EAB to treat cuts quickly & effectively.

**GAUZE SWABS, STERILE, PK5** - compact & ideal for keeping in first aid bags. Sizes - **5cm, 7.5cm or 10cm**.



**DRESSINGS** - Sterile absorbent pad attached to conforming bandage. Sterile wound dressings. Ensures wounds are protected from infection. Sizes / variations -

No.7 - finger dressing, No.8 - medium dressing, No.9 - Large dressing, No.16 - eye dressing, Medium - 12cm x 12cm, Large - 18cm x 18cm

**AMBULANCE DRESSINGS** - Sterile, flow wrapped dressings with a thicker pad to deal for more severe wounds with heavier blood loss. Sizes / variations -

No 2: 20cm x 15cm, No 3: 28cm x 20cm, No 4: 32cm x 20cm



**CREPE BANDAGE** - A supportive bandage that provides padding & protection. It is exceptionally high stretch & conforms well to the body. Soft & supple. Available in sizes - 5.0cm x 4.5m stretched, 7.5cm x 4.5m stretched & 10cm x 4.5m stretched.

**CONFORMING BANDAGE** - Light support, Stretch bandage that conforms to the body. Suited for dressing retention. Sizes - 5cm x 4m, 7.5cm x 4m & 10cm x 4m.

**TUBULAR BANDAGE** - Supportive, comfortable. Ideal for muscle strains, sprains and joints. Supplied in 1 metre lengths or 10m length roll. Sizes A, B, C, D, E, F, & G.

**TRIANGULAR BANDAGE** - Multi-functional bandage, single use. Approx 90 x 127cm. For treating on or off-field injuries.



**PLASTERS** - For cuts & grazes. Fabric or washproof. Assorted sizes, in boxes of 100 or packs of 20.

**CLOSURE STRIPS, 3MM, 5MM** - 3mm x 75mm (pk5) 6mm x 75mm (pk3)

**DRESSING STRIPS 6cm x 1m** - Cut your own plasters. Fabric or wash-proof.

**BLISTER PLASTERS, PACK OF 5** - 2 sizes for heel and toe protection.



**HEALTHPOINT SPRAY PLASTER**

**40ML** - An effective way to protect small wounds, minor cuts, and grazes. Water resistant, alcohol free.

**WOUND CLEANING WIPES** -

Individually wrapped, alcohol free disposable wipes. Impregnated with aqueous cleansing solution. Supplied as a pack of 10, box of 100

**STERILE SALINE SPRAY** - Wound wash irrigation to promote healing, in an aerosol spray for ease of use. Ideal for use on the go.

**MEDIPAL DISINFECTANT WIPES** - Are intended for cleaning and disinfecting hard surfaces of non-invasive medical devices within healthcare and care environments.

**BIOHAZARD HI-VIZ WASTE BAGS** - Used for disposal of bodily fluids, soiled bandages/dressings etc. Sizes 20cm x 35cm, 35.5cm x 42cm or 42cm x 64cm.



**TONGUE DEPRESSORS, WOODEN** - Designed for oral and throat examinations. Made from smooth, durable wood with rounded tips for patient comfort. Single-use, latex-free, disposable. Box of 100



**EXAMINATION PEN TORCH** - Ideal for a variety of everyday medical uses. Clips neatly on to clothing. Easy to use with pupil size gauge printed on pen aids quick diagnosis.



**FLEXIBLE FOAM SPLINT** - Compact, lightweight, mouldable aluminium. For immobilizing bone and soft tissue injuries. Can be cut down to treat fingers etc.



**NECK BRACE IMMOBILISER** - A versatile, adjustable cervical spine immobiliser, ideal for pre-hospital & in-hospital patient care. **Adult** - with 16 settings for a custom fit. **Child** - as above but with 12 size settings.



**SMARTY SAVER FULLY-AUTOMATIC DEFIBRILLATOR** - The best portable AED (automated external defibrillator) meant for quick and simple treatment of Sudden Cardiac Arrest (SCA) and to assist in delivering the Cardio Pulmonary Resuscitation (CPR).



**REVIVE RESUSCITATION AID** -

A transparent plastic film containing a one way valve, for a safer and more effective method of resuscitation. The film acts as a barrier to help prevent contamination during mouth-to-mouth resuscitation.



**RESUSCITATION CPR POCKET MASK** -

CPR pocket mask - This mask is primarily designed for mouth-to-mouth ventilation of a non-breathing adult or child. The attached valve ensures that breath can be given with control and more accuracy.



**CELLULAR BLANKET** - Used in emergencies to keep the patient warm. Size 2m x 1.5m. 100% cotton.

**FOIL BLANKET** - Helps keep body heat. Ideal for those in shock or after strenuous activity. Size 2.04m x 1.40m.



**ICE BAG RE-USEABLE** - Unscrew cap & fill the bag 2/3 full with ice or cold water (or both) and apply directly to desired area.



**ICE WRAP** - An all-in-one system for attaching ice packs, gel packs & other forms of cold or warm therapy to soft-tissue injuries. Supplied as a dispenser & roll or rolls separately.



**INSTANT ICE PACKS, BOX OF 10** - For sports injuries, physiotherapist use & emergencies. Treatment instantly activated for up to 15-20 minutes, no refrigeration required. Small or large ice pack sizes.

**Freeze Sprays 150ml, Heat Spray 150ml, D3 Freeze Spray 400ml, Freeze Gel 170ml**



**INSTANT HEAT PACKS, BOX OF 6** - Single Use Disposable Pack, heats in seconds. Lasts up to 30 mins. **Size: 23cm x 12cm**  
**D3 RED RUBS** - A great heat rub or prepping for colder weather games and sessions. Ingredients include - Winter Green Oil, Eucalyptus, Capsaicin & Peppermint Oil. Available in **60g** or **200g**.



**VAPOUR RUB** - Vapour rub contains menthol, camphor & eucalyptus oil, to assist clear breathing.

**ORIENTAL BALM** - provides instant soothing sensation for all types of muscular discomfort. Massage into skin and use 1-2 times daily as required.



**CHEMOVINE** - is a clear massage oil with a high oil content. It rapidly makes the skin more supple & enhances the "grip".  
**CHEMODOL** - is an oil / lotion with a high oil content and excellent absorption properties, allowing optimal skin contact.  
**BASELIN MASSAGE MILK** - A non-greasy, hypo-allergenic massage milk, rapidly absorbed by the skin.



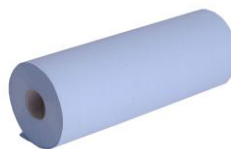
**SONGBIRD MASSAGE WAX 550G - Sports Massage Wax** is excellent for muscles and skin, used by many therapists involved in sports and remedial work. Contains essential oils such as Manuka, Lemon.  
**Unscented Massage Wax** - Similar to above but contains no essential oils.



**PETROLEUM JELLY - (284g)** Used to treat cuts & abrasions, and for skin hydration. Size of tubs may vary.



**HAPLA SWANFOAM** - Closed cell latex foam padding, bonded to a brushed cotton surface. Absorbs pressure. Used in a variety of treatments recovery. 5mm or 7mm. Size: 22.5cm x 45cm. Supplied as a pack of 4 sheets or singles.



**COACH ROLL, 50CM X 40M** - Easy tear couch roll for examinations/massage.



**MACKENZIE SMELLING SALTS** - Contains ammonia liquor & eucalyptus oil.



## TOUGH GRIP FOR TOUGH GUYS

**TRIMONA RESIN WAX HAND GRIP** - This isn't like anything you may have used before. This is the professional grade hand grip used by pro rugby clubs and other sports at the highest level worldwide. Rugby Wax is a grip enhancer which improves the performance of rugby players in matches and in training. It gives a tacky grip for sure handling in tough conditions. As used by professional clubs such as the Wallabies, South Africa, British Lions, Leicester Tigers, Worcester Warriors, Wigan and Leeds Rhinos and many, many more...



**Trimona Rugby Spraywax Aerosol, 200ml** - Used by pro clubs worldwide for unsurpassed grip in all conditions. Fast application. Massive seller.



**Trimona Handball Liquid Grip**



**Trimona Rugby Grip Wax** - Similar to pine resin in texture, it's ideal for players who are playing sports, when a sure grip is needed, even with sweaty, wet or muddy hands. Economical, a small pea-sized amount goes a long way. Supplied in - 125g (supplied in Handball Wax tin), 250g or 500g tubs.



**Trimona Hand Wash Grip Remover, 250ml** - Easily removes the Trimona grip ranges. Now in a new & improved dispenser bottle. Far more effective than soap and water.